

Year In Review: 2024 Learning Forums & Related Resources



January: Empanelment & Attribution

What we learned:

- elevate
- ✓ The difference between empanelment and attribution
- ✓ How to empanel patients and leverage empanelment and attribution data
- ✓ Case examples from:
 - o FOHC Urban Healthcare Network
 - o Southside Community Health Center

WHAT is the difference between empanelment and attribution?

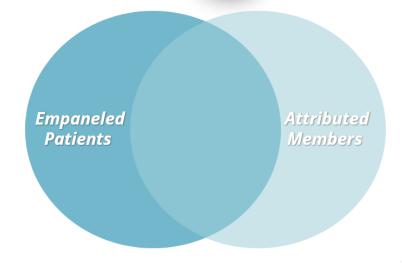


Empanelment: The **health center's process** of assigning every patient to a primary care provider (PCP) and care team, with consideration to patient/family preference.

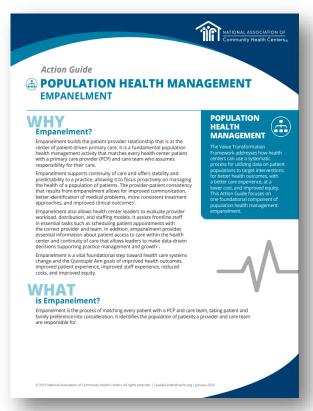
Attribution: A payor's process of assigning members to a provider for the purpose of tracking accountability for quality, patient experience, and total cost of care in value-based payment contracts.

A 'payor' refers to a Medicaid, Medicare, or commercial insurance plan.

A 'member' refers to a person who has healthcare coverage through that payor.



Resources: Empanelment & Attribution



Empanelment Action Guide



Attribution Action Brief



Empanelment Learning Course

February: SDOH & Risk Stratification

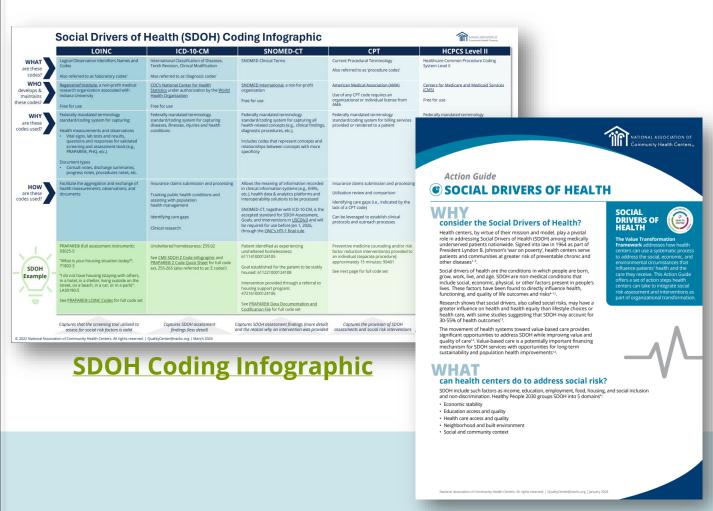
What we learned:

- ✓ How to assess for and respond to social risk factors
- ✓ SDOH case example from HealthLinc
- ✓ How to risk stratify patients
- ✓ How to design care models based on risk





Resources: SDOH

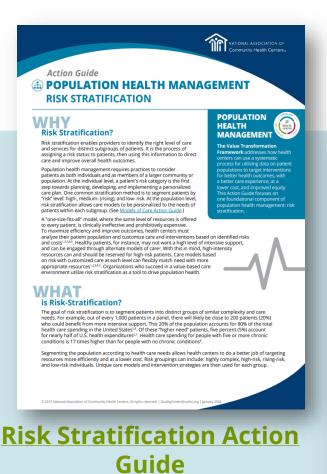


SDOH Action Guide



SDOH Microlearning

Resources: Risk Stratification



NATIONAL ASSOCIATION OF Community Health Centers POPULATION HEALTH MANAGEMENT **MODELS OF CARE** POPULATION WHY **HEALTH** Design Different Models of Care Based MANAGEMENT on Risk Level? Off NEX LEVEIT Population management is key to successful value-based care. Effective population health management requires that health care organizations group patients based on their needs, then target resources and services accordingly. (See *Bisk Stratification* Action Guide). Top performing health enetter segment patients by risk and design models of care tailored to each subgroup. The purpose is to offer more appropriate and cost effective care to patients who fail into different levels of risk, rather than using a "one size fits all" approach, identifying unique subgroups of patients, and analysing each group's health morative moration and promote the process of the process of the for improved outcomes, allows health centers to best intervene for improved outcomes. WHAT are Care Models Based on Risk? Designing care models based on risk allows patients to be paired with more appropriate clinical and other services. This Action Guide outline approaches to building models of care for high, insig and low-risk target populations. Models for highly complex patients are very specialized and not addressed here. **High-risk** patients are assigned a care manager who coordinates care across the continuum. Rising-risk patients are managed within the Patient Centered Medical Home (PCMH) model, with scalable strategies to manage their immediate needs and prevent them from becoming high-risk. Low-risk patients are managed with more remote, group, and technological solutions. Strategies may include care other than in-person visits, including self-care.

Models of Care Action Guide



Risk Stratification Microlearning



March: Care Teams & Workforce

What we learned:

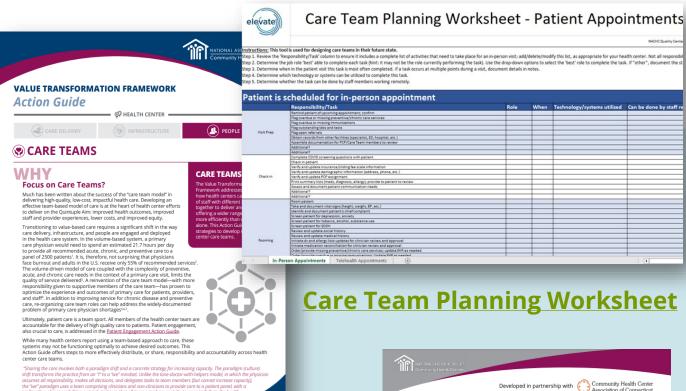
- ✓ What are expanded and integrated care teams
- ✓ How to optimize care teams
- ✓ How to leverage standing orders, presented by Georgia PCA
- ✓ How to address workforce wellness, presented by ACU



WHAT are expanded & integrated care teams?



Resources: Care Teams

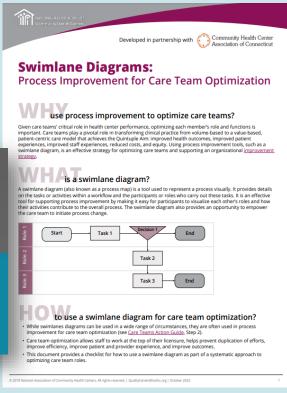


Care Teams Action Guide



the meaning of expanded care teams, why expanded care teams are important, and how to build expanded care team processes..

Care Teams Microlearning



Care Team Optimization with Swimlanes

April: Care Management & Payment

What we learned:

- elevate
- ✓ Key components of a chronic care management program.
- √ How to implement a care management program
- ✓ Case example from OneWorld Community Health Centers, Inc.
- ✓ Medicare reimbursement opportunities for care management

WHAT services does a care management program provide?

Key components of Chronic Care Management include:



- Identifying and engaging high-risk individuals
- Conducting a comprehensive assessment
- Creating an individual care plan
- · Providing patient education
- Monitoring clinical conditions
- Coordinating needed services



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Resources: Care Management



AWV Microlearning



Action Guide



Care Management Microlearning



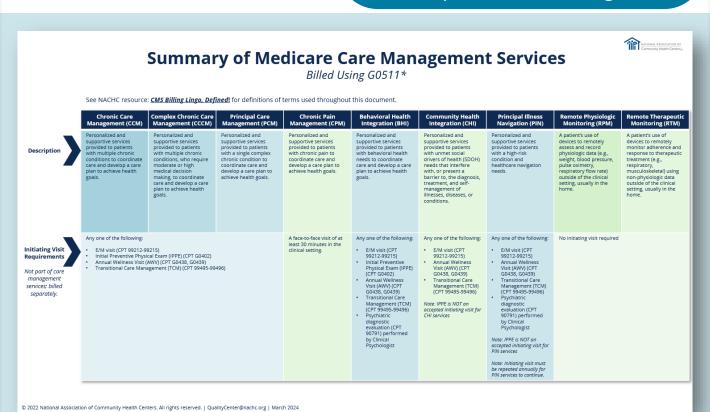
Resources: Care Management

Summary of Medicare G0511 Care Management Services:

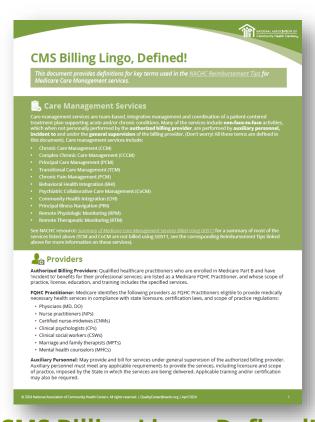
- ✓ Chronic Care Management
- ✓ Complex Chronic Care Management
- ✓ Principal Care Management
- ✓ Chronic Pain Management
 - Behavioral Health Integration
- ✓ Community Health Integration
- ✓ Principal Illness Navigation
- ✓ Remote Physiologic Monitoring
- ✓ Remote Therapeutic Monitoring

Summary Includes:

- ✓ Description
- ✓ Initiating visit requirements
- ✓ Eligible patients
- ✓ Authorized billing providers
- ✓ Examples of auxiliary personnel
- ✓ Service elements
- ✓ CPT & HCPCS codes
- ✓ Examples of co-occurring services



Resources: Payment





CMS Billing Lingo, Defined!

Reimbursement Tip Sheets:



- ✓ Remote Physiologic Monitoring & Remote Therapeutic Monitoring (New)
- ✓ Community Health Integration (New)
- ✓ Principal Illness Navigation (New)
- ✓ Chronic Care Management, Complex Chronic Care Management & Principal Care Management
- ✓ Transitional Care Management
- ✓ Initial Preventive Physical Exam & Annual Wellness Visits
- ✓ Behavioral Health Integration
- ✓ Chronic Pain Management
 - Psychiatric Collaborative Care Management

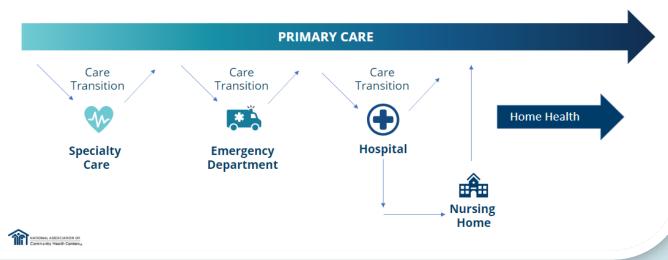
May: Health Information Technology & Cost

What we learned:

- ✓ How to leverage HIT to manage total cost of care
- ✓ How to support clinical care with Health Information Exchange (HIE) data, presented by HealthEfficient
- ✓ How to implement a transitional care management program
- ✓ Why HCC coding is important to managing total cost of care, with a case example from StayWell Health Center

WHAT is TCM?

Examples of Care Transitions Along the Patient Continuum of Care:



elevate

Resources: Health Information Technology & Cost







Initiating Visit Requirements

No initiating visit required prior to the start of TCM services. However, the face-to-face visit component of TCM qualifies as an initiating visit for other Medicare care management services (see NACHC resource: Summary of Medicare Care Management Services Migel Osting 06511).

Eligible Patients

- Medicare Part B beneficiaries.
- Provide consent for services.
- Are transitioning from an inpatient or partial hospitalization setting (i.e. acute, psychiatric, long-term care, skilled nursing, rehabilitation, observation, community mental health center) to a community setting (i.e. home, group home, rest home, assisted living, temporary or short-term settings such as a hotel, hostel, or homeless shelter). Note: Utilize state or local Health Information Exchanges (HIEs) to review Admit, Discharge, Transfer (ADT) data and identify

Authorized Billing Providers

- ✓ Determine medical necessity of TCM and order services
- Obtain patient consent for services (verbal or written). If not obtained by billing provider, consent may also be obtained by auxiliary personnel under general supervision.
- Furnish services personally and/or via general supervision of auxiliary personnel as indicated by the service CPT code. Note: During the consent process, the patient must be informed that coinsurance applies and that only one provider car deliver and bill for TCM services within the 30 days post-discharge. As TCM services are furnished by this same provider, consent must be obtained gain if there is a charge in the billing provider.

Who they are:

- · Physicians (MD,DO)
- Nurse Practitioner (NP)
- Physician Assistant (PA)
- · Certified Nurse Midwife (CNM)

Note: TCM services are part of the Evaluation and Management services category, and TCM μ be qualified to perform and bill for E/M level services in the state where they practice.

TCM Reimbursement Tip Sheet



This microlearning course will help you to understand how transitional care management (TCM) supports the transition of patients from an inpatient setting to their primary care providers.

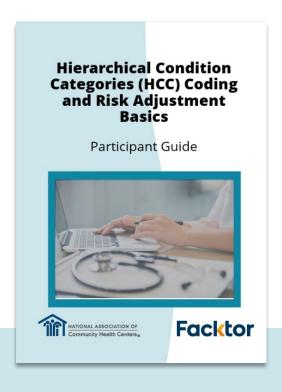
TCM Microlearning

Resources: Hierarchical Condition Category Coding



HCC Coding eLearning Course





June: Partnerships

What we learned:

- elevate
- ✓ What partnerships are important to health centers
- ✓ Examples of successful partnerships from:
 - Heartland Health Services
 - Missouri Partnership to Increase Colorectal Cancer Screening
- ✓ NACHC partnership strategy and opportunities

WHAT Partnerships are Important to Health Centers?

Partnerships are the collaborative relationships that health centers have with external stakeholders.

External Partners

- Healthcare providers: specialists, hospitals, mental/behavioral, substance abuse, care management, care coordination, etc.
- Social services: housing, food, transportation etc.
- **Public entities:** schools, criminal justice, departments of public health, etc.
- · Government: local, regional, and state

Health Center Program Partners

- Health Resources and Services Administration (HRSA)
- National Association of Community Health Centers (NACHC)
- National Training and Technical Assistance Partners (NTTAPs)
- Primary Care Associations (PCAs)
- Health Center Controlled Networks (HCCNs)

Payors & Value-Based Payment

- Medicaid, Medicare, Commercial plans
- Clinically Integrated Networks
- Accountable Care Organizations

NATIONAL ASSOCIATION OF Community Health Centers.

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July: Evidence-Based Care

What we learned:

- ✓ What is a systems approach evidence-based care
- elevate
- ✓ Evidence-based interventions panel discussion, featuring representatives from:
 - CDC National Breast and Cervical Cancer Early Detection Program
 - o CDC Colorectal Cancer Control Program
 - CDC National Diabetes Prevention Program
 - CDC Heart Disease and Stroke Prevention division
 - o Iowa department of health and human services

Systems Approach to Evidence-Based Care

Old Approach

Patient reason for visit: Hypertension management

Services patient receives:

- Blood pressure check (MA)
- Prescription for refill on hypertension medication (Provider)



Systems Approach

Patient reason for visit: Hypertension management

Care gap alerts in the EHR indicate the patient is also due for CRC screening, HgA1c, and has never been screened for SDOH

Services patient receives (via team-based care):

- Blood pressure check (MA)
- HgA1c (RN via standing orders)
- · Prescription for refill on hypertension medication (Provider)
- · Discussion of CRC screening options (Provider)
- FIT education (Patient Navigator)
- SDOH screening (Patient Navigator)
 - Identified need for transportation to pick up HTN medication from the pharmacy. Patient is connected to community resources.

Resources: Evidence-Based Care



VALUE TRANSFORMATION FRAMEWORK

Companion Action Guide >> Evidence-Based Care









© CANCER SCREENING



WHY is cancer scr

Cancer is the secon Early screening save in cancer screening evidence-based acti colorectal, cervical,

The burden of cano States (U.S.) are exp the third leading ca 14,000 U.S. women and roughly 4,310 v common cancer am the latest year of av of breast cancer we women died of this

"B" - its highest end colorectal, cervical,

DIABETES CONTROL

Companion Action Guide >> Evidence-Based Care

is attention to diabetes so important?

The impact of diabetes within the United States population is The impact of diabetes within the United States population is staggering. Diabetes directly impacts an estimated 114.4 million Americans, with 23.1 million people diagnosed, 84.1 million prediabetics, and 72 million undiagnosed diabetics. May more feel the impact of diabetes indirectly. This problem is expected to grow, with a less 15-30% of pre-dabetes developing type 2 diabetes within 5 years without weight loss or moderate physical populations. African Americans, Neuron Populations (African Americans, Neuron Ricans, and Native Americans) and older Americans. The percent of community health center patients who have been toll they have diabetes is 21% versus 11% in the general population.

One-third or more patients with diabetes do not meet healthy target levels for blood sugar, blood pressure, or cholesterol. Without control for these targets, patients with diabetes have a higher risk of serious health complications like heart disease and stroke. Diabetes can lead to kidney failure, lower limb amputations, and adult-onset blindness.

The estimated cost of diabetes in the United States in 2017 was \$327 billion, including \$237 billion for direct medical costs and \$327 billion for direct medical costs and operature death. The tost of medical care increases significantly for every 1% increase in a patient's glycemic level (for HAAC above 7%). If health center patients with uncontrolled diabetes could reduce their HAAT to by just 12.5%, the potential savings in medical costs could exceed \$3.44 billion over three years.*





Action Guide

HIV PREVENTION: PRE-EXPOSURE PROPH





WHY is attention to and retention

Pre-exposure prophylax exposure prophylaxis (n human immunodeficien antiretroviral medicatior at-risk populations wher emergent cases ≤72 hou HIV outside work setting

HIV remains a significant especially for traditional who have sex with men (who inject drugs (PWID), million Americans are cu for Disease Control and number and rate of diag respectively, in 2021 com

Decreases in HIV infect age and individuals 45 y the numbers remain far the Epidemic by 2030 Fr uptake in prevention str by the COVID-19 pander diagnoses in the U.S. an HIV prevention efforts⁴⁵

In 2021, MSM accounted American and Latinx MS populations, with 8,883 accounting for roughly 5 American MSM have a 5 Latinx MSM have a 25 p



Companion Action Guide >> Evidence-Based Care **HYPERTENSION SCREENING & CONTROL**



is attention to hypertension so important?

Hypertension (HTN) has reached epidemic proportions in the United States. Nearly half of all adults in the U.S. (45%) are diagnosed with HTN or take medication for HTN². Stateniae, elevated blood pressure puts patients at risk for strokes, heart attacks, kidney fallure, and death³-. In 2019 alone, high blood pressure outstrubured to over 1,300 deaths each day⁴. Patients with hypertension may also be at greater risk of sewere illness from CDVID-19?, Cotts linked to high blood pressure equal about \$131 billion each year in the United States⁴.

Tackling this epidemic requires identification and control of hypertension Of the 75 million Americans with this condition, approximately 11 million Of the 75 million Americans with this condition, approximately 11 million don't know they have it, so they are not receiving treatment?. Among the nearly 35 million who know about their diagnosis, slightly more than half (16.1 million) do not have it under control?.

In health centers, hypertension is the most prevalent chronic condition. Close to 5 million patients (nearly one quarter of all adult health center patients) are diagnosed with high blood pressure, yet 37% of them don't have it under control (defined in health center reporting requirements as < 414090 mm High)?

These statistics exist despite significant national and local efforts to reduce and control HTN, including:

- hese statistics exist despite significant national and local efforts to reduce and control HTN, including:

 **Million Hearts 2022 by the Centers for Disease control and Prevention (DCO) and the Centers for Medicare
 and Medicaid Services (CMS). Million Hearts* aims to prevent 1 million heart attacks and strokes within
 5 years and has set a goal that 80% of patients age 18-88 with high blood pressure will have it under control
 by 2022. NACHC leads a Million Hearts 8 initiative with health centers across the country.

 Targets EP is a national initiative of the American Heart Association (AHA) and the American Medical
 Association (AMA). TargetsEP helps local health care organizations improve blood pressure control rates
 through evidence-based quality improvements.

 **The Health Resources and Services Administration (HRSA) promotes blood pressure control through its
 Health Center Program, which recognizes health centers that have achieved the Million Hearts* goal, HRSA
 maintains a Hypertension Dashboard to provide a multilevel view of HTN control in health centers.

Cancer Screening Action Guide

Diabetes Action Guide

HIV Prevention Action Guide

Hypertension Action Guide

September: Patients & PCMH

What we learned:

- ✓ Why a patient-centric health system
- ✓ How health centers can incorporate the patient perspective into
 - Individual care
 - Care system design
 - Governance
- ✓ Case examples from:
 - o Eastern Shore Rural Health System
 - National Health Council

HOW to engage patients in individual care

Patient Satisfaction

The extent to which a patient's expectations about a health care encounter were met.¹

Patient Experience

From the patient's perspective, whether something that should happen in a healthcare encounter happened or how often it happened.¹

Patient Engagement

The desire and capability to actively choose to participate in care in a way uniquely appropriate to the individual, in cooperation with a healthcare provider, for the purposes of maximizing outcomes or improving experiences of care.²



 What Is Patient Experience?. Content last reviewed August 2022. Agency for Healthcare Research and Quality Rockville, MD. https://www.ahrq.gov/cahps/about-cahps/patient-experience/index.html

2. Higgins T, Larson E, Schnall R. Unraveling the meaning of patient engagement: A concept analysis. Patier Couns. 2017 Jan;100(1):30-36. doi: 10.1016/j.pec.2016.09.002. Epub 2016 Sep 3. PMID: 27665500.

Resources: Patient Engagement



Patient Engagement Action Guide

Resources: PCMH

Finding Alignment:
NCQA PCMH, HRSA
Requirements, and
the VTF Microlearning

Finding Alignment - NCQA PCMH, HRSA Requirements, and the VTF

It may feel daunting to keep up with the many requirements of all the programs in which health centers participate! Thankfully, there is often alignment or areas of similarity across these programs.

This course highlights alignments across NACHC's Value Transformation Framework (VTF), National Committee for Quality Assurance's (NCQA) Patient Centered Medical Home (PCMH) program, and the Health Resources and Services Administration (HRSA) health center program requirements



October: HIT & Policy - Telehealth & RPM

What we learned:

- ✓ How to leverage telehealth and RPM to modernize the care model, presented by Mid-Atlantic Telehealth Resource Center
- ✓ Case example from San Fernando Community Health Center
- ✓ Policy implications for Telehealth and RPM

HOW can health centers leverage HIT?

Telehealth allows you to provide health care for a patient when you are not in the same location.

There are two main categories of telehealth*:

Synchronous care is a live interaction between a provider and a patient (may include caregiver). Examples include*:

- ✓ Video calls between a patient and a health care provider
- ✓ Audio only calls when a video visit is not an option
- ✓ Secure text messaging to answer patient questions

Asynchronous telehealth, also called "store and forward", is communication or information shared between providers, patients, and caregivers that occur at different points in time. Examples include*:

- ✓ Messaging with follow-up instructions or confirmations
- √ Images sent for evaluation
- ✓ Lab results or vital statistics

*U.S. Department of Health and Human Service

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Resources: HIT



RPM/RTM Reimbursement Tips

Coming Soon:

- ✓ Artificial Intelligence (AI) Action Guide
- ✓ Al Learning Module

Created in partnership with Waianae
Coast Comprehensive Health Center



Transform Virtual Care

A step-by-step guide to integrate patient self-care tools into virtual care.

A suite of tools and resources to support health centers' journey to transform at-home car

April 202

Virtual Care Action Guide

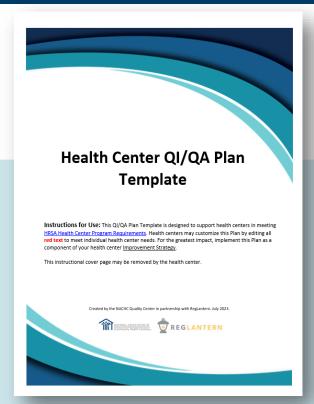
November: Improvement Strategy & Leadership

What we learned:

- elevate
- ✓ How to implement a health center improvement strategy
- ✓ QI/QA Plan essentials by RegLantern
- ✓ Case example from Charles B. Wang Community Health Center



Resources: Improvement Strategy



Template QI/QA Plan





NACHC Improvement Strategy Action Guide

Coming Soon!

- ✓ Clinical Quality Measure Action Guide
- ✓ CQM Care Gaps Root Cause Identifier Worksheet

Resources: Leadership



W LEADERSHIP

is Leadership Critical to Transformation?

IS Leadership Critical to Transformation?

As healthcare moves from volume to value-based remibursement, the business model and care model must connect and support one another. How a leader or governing body uses their position and knowledge to lead people, care delivery systems, and infrastructure is essential to reaching improvements in the Quintuple Alm: improved health outcomes, improved patient and staff experience, reduced costs, and improved equity, Leaders who embrace this shift early can advance their organizations efforts to delive better care with more advance their organizations efforts to delive better care with more actions that leaders can take to create the environment, skills, and structure needed to support transformation.

WHAT

is Leadership's Role in Transformation?

is Leadership's Role in Transformation?

Organizational transformation, and the shift to value-based care, requires health centre ladeers to develop organizational will, identify strategies and ideas to advance the organization, and tale steps to execute change. I Aley role in this process of Will-Ideas-Execution is providing the change. I Aley role in this process of Will-Ideas-Execution is providing the attention to the infrastructure, care delivery and people systems within the health center. While Ideaship in encompasses such roles as administrators and the Board, this Action Guide is focused on steps that can be taken by the Chile Execution efficient in support of transformation. This begins with establishing a well communicated strategic vision for the organization and then translating that vision into an operational plan, with systems that can evolve as needed with bottom-up and top-down improvements. This requires a refertless focus on achieving the Quintuple Aim goals one step at a time. And while fleading is critical to whole system change, one of the most important elements in this process of transformation is staff engagement and support?.

Leaders can drive and inspire change by engaging the entire team and valuing ideas for improvement at all levels⁵.





Leadership Action Guide





Resource provided by the **Quality Center Team**

Cheryl Modica, Cassie Lindholm, Holly Nicholson, Tristan Wind qualitycenter@nachc.org

