

# 30 MONTHS – 36 MONTHS

## BABIES THRIVE WHEN PARENTS AND CAREGIVERS...



## HOW I COMMUNICATE

I learn best by exploring! Good interactions with you help me become a creative and curious learner. Exploring lets me try new things, solve problems, make mistakes, and build strong relationships with you and others. I'm very interested in the world around me. I ask lots of questions about what I see and do, which helps me learn more. Encourage my curiosity to keep me excited about learning. When you ask me open-ended questions, it helps me think and use more words.

## WHAT I NEED TO THRIVE

Storytime, with or without books, is a great way to connect with your child, teach them new words, and help them love books and reading. You don't need books or even know how to read to build a love for stories. Share family stories or make up your own. Don't worry about reading every word exactly as it is on the page. Use the pictures to tell your version of the story or create your own simple book to share with your child.

Use the **READ** strategy with books and oral storytelling to make the most out of storytime:

**R - Repeat the book** (A LOT!) Your child will love hearing the same story repeatedly. Read it 3-5 times, focusing first on the actions, then on the characters' feelings, and finally, let your child help tell the story and share what they remember.

**E - Engage and Enjoy.** Make storytime exciting by using different voices, acting out parts of the story, and using lots of facial expressions.

**A - Ask Questions.** Ask open-ended questions like, "Why do you think the turtle goes inside his shell?" to help your child think about the story. This starts conversations and lets them share their ideas and feelings.

**D - Do More.** Extend the learning by doing something related to the story. For example, after reading "*Harry the Dirty Dog*", have your child draw their favorite pet clean and dirty, or talk about how they would care for a pet.

## 30 - 36 MONTHS RESOURCES



These Sesame Workshop resources will help your child learn language.



**CHOOSING A BOOK** - Books are brain boosters! The more you read to children from the very start, the more their brains will grow, and their language skills will develop. Consider these tips for finding "just the right book" by scanning the QR or visiting <https://sesameworkshop.org/resources/choosing-a-book/>

**LANGUAGE & ART** - Talking about pictures and paintings helps kids know you're interested in their imaginations and can start conversations and teach new words. This video includes parent-caregiver-led interactive activities and is not for solo play. Scan the QR code or visit: <https://sesameworkshop.org/resources/using-art-build-language-skills/>



**MAKE UP A STORY** - Making up stories and telling them aloud helps build vocabulary and teaches children how stories are structured (beginning, middle, end). This video is for parent caregiver use and includes interactive activities. It's not recommended for solo play. For more details, scan the QR code or visit: <https://sesameworkshop.org/resources/lets-make-up-a-story/>