

# IMPROVING BMI SCREENING AND WEIGHT ASSESSMENT: QUESTIONS AND STRATEGIES

## Questions to start with:

How effective are our current protocols and training for BMI screening and weight assessment counseling, and what additional resources or training might be needed to enhance our trauma-informed approach and ensure culturally sensitive, comfortable, and open communication with patients?

What strategies are we using to engage patients and their families in discussions about BMI and weight management, and how do we incorporate patient feedback and data to improve the effectiveness and equity of our interventions?

How are we addressing common barriers and leveraging community partnerships to support holistic, trauma-informed care, and ensure the sustainability and continuous improvement of our weight management program?



### ENSURE SUSTAINABILITY

Plan for long-term program sustainability by identifying funding sources, key community partnerships, integrating weight management initiatives into routine care, and advocating for supportive policies. Engage leadership and stakeholders to prioritize and support the ongoing implementation of Family Healthy Weight Programs.