

### ELEVATE NATIONAL LEARNING FORUM



**Care Management & Payment** April 9, 2024



## THE NACHC MISSION

### **America's Voice for Community Health Care**

The National Association of Community Health Centers (NACHC) was founded in 1971 to promote efficient, high quality, comprehensive health care that is accessible, culturally and linguistically competent, community directed, and patient centered for all.





## **NACHC Quality Center**





**Cheryl Modica** Director, Quality Center



**Tristan Wind** Manager, Quality Center **Cassie Lindholm** Deputy Director, Quality Center



**Rachel Barnes** Specialist, Quality Center



Holly Nicholson Deputy Director, Learning and Development

## Agenda

#### Welcome

#### **Elevate Journey**

#### **Care Management**

- Implementing a Care Management program *WHAT, WHY, HOW*
- Featured Health Center: OneWorld Community Health Centers, Inc.

#### Payment

Care Management Reimbursement Opportunities

#### **Q&A and Discussion**

• With Billing & Coding SME, Lisa Messina

### Closing

## Welcome!



**Elevate** provides guided application of the Value Transformation Framework

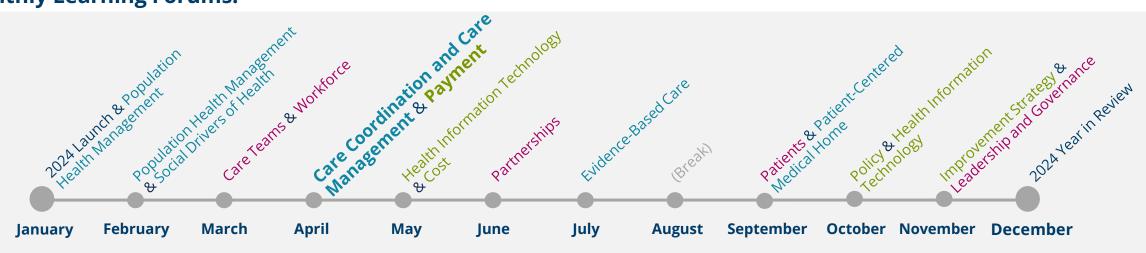
National learning forum and peer exchange Collaborate \* Learn \* Share \* Create \* Innovate



### Elevate 2024

**VTF** 15 Change Areas covered over 2024 calendar year

#### **Monthly Learning Forums:**



**Supplemental Sessions:** 

- Value-Based Care Series Coming soon! May/June 2024
- Clinical Quality Measures & Addressing Care Gaps Summer 2024

### Professional Development Courses:

- Clinical Staff & Health Coaches: Lifestyle Coaching for the CDC's National Diabetes Prevention Program Applications due 4/12!
- Clinical Staff & Health Coaches: Person-Centered Care for Individuals with Higher Weight Applications due 4/12!
- Quality Improvement Staff Summer/Fall 2024

\*Schedule may be adjusted by the Quality Center as needed.

## Elevate Journey



### Complete VTF Assessments - Access FREE OSV Tool

### **Complete 3+ VTF Assessments:**

Health centers can receive a 6-month trial membership to an online document management platform to support health center Operational Site Visit (OSV) preparation and ongoing compliance!

Trial offer - \$6,000 value



Missed the information session on the free Trial Subscription? Email <u>support@reglantern.com</u> to express interest



### **RegLantern Continuous Compliance Tool**

- Cloud-based platform that helps health centers move toward continuous HRSA compliance
- + FTCA Application Tool
- Allows health centers to compile and organize all documents demonstrating compliance in one place
- + Embedded with checklists, alerts, and reminders
- Allows a health center to share documents with on-site reviewers during Operational Site Visit (OSV) through Citrix ShareFile integration
- Access to exclusive discounts for health centers interested in continuing subscription after trial period.
- Free Form 5A Review

## **Data Dashboard**

**VTF** Average VTF Assessment Scores by Change Area

VTF Assessments (2019-current)

### 504 Health Centers 1809 Assessments

Health Information Technology <b>2.89</b>	Improvement Strategy <b>3.11</b>	Policy <b>2.97</b>	Payment <b>2.83</b>	Cost 2.75
Population Health Management <b>3.08</b>	Patient-Centered Medical Home <b>3.59</b>	Evidence-Based Care <b>3.28</b>	Care Coordination and Care Management <b>3.19</b>	Social Drivers of Health <b>3.09</b>
Patients <b>3.14</b>	Care Teams <b>2.98</b>	Leadership <b>3.01</b>	Workforce <b>2.85</b>	Partnerships <b>3.42</b>

Leverage data to drive improvement!

**National level:** Guides NACHC in program and resource development.

**State level:** Guides PCAs & HCCNs in training and technical assistance offerings.

Health center level: Guides health centers in transformation & QI opportunities.

### Foundational Steps to Care Management

### **Empanelment**

### **Risk Stratification**

Matching every patient to a primary care provider and care team. Segmenting patients into groups of similar complexity and care needs. Care models based on risk for patients to be paired with more appropriate care team members and services.

**Models of Care** 

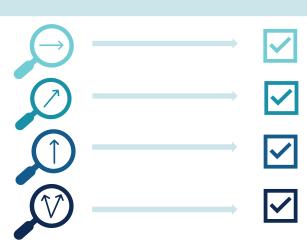
### **Care Teams**

Care teams and tasks are based on the needs of the patient population and the availability of personnel, services, and other resources.

### **Care Management**

Intensive one-onone services to individuals with complex health and social needs.











### The Business Case for Care Management

Care Management Services	CPT & HCPCS Codes	Code FQHC Bills to CMS	CMS Pays (Physician Fee Schedule)
Chronic Care Management	See NACHC Payment Action Guide or the NACHC Reimbursement Tip Sheet for the corresponding service	G0511	\$71.70
Complex Chronic Care Management		G0511	\$71.70
Principal Care Management		G0511	\$71.70
Chronic Pain Management		G0511	\$71.70
Transitional Care Management		G0467	\$195.99 \$95.27, if telehealth (bill using G2025)
Behavioral Health Integration		G0511	\$71.70
Psychiatric Collaborative Care Management		G0512	\$144.05
Community Health Integration		G0511	\$71.70
Principal Illness Navigation		G0511	\$71.70
Remote Physiologic Monitoring		G0511	\$71.70
Remote Therapeutic Monitoring		G0511	\$71.70



# The End Goal...

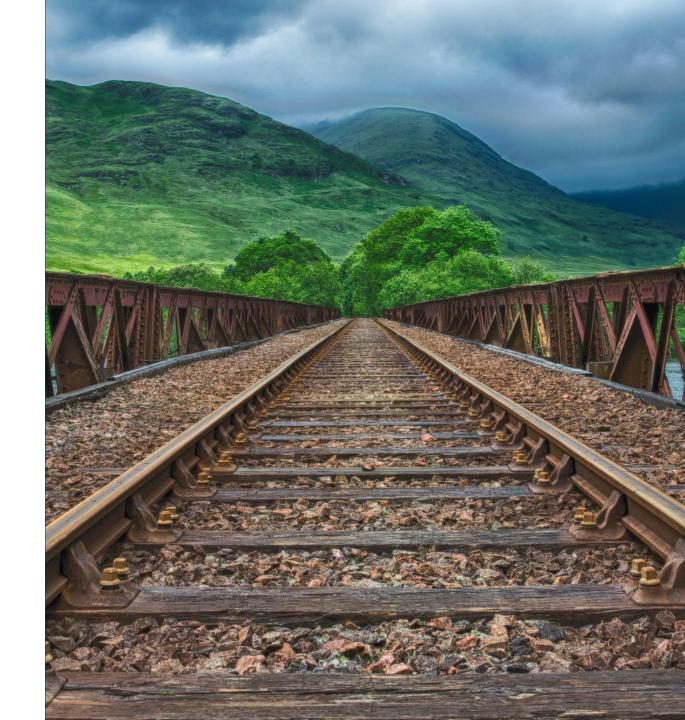
A care management program that **meets the needs of patients** while also meeting requirements for **CMS reimbursement**.

Opportunity for **additional revenue streams** as many payors model reimbursement after CMS requirements.

Get paid for your patient care coordination and management efforts!

Generate revenue to support transformation.





## Implementing a Care Mangement Program





# VTF Assessment: Care Coordination & Care Management





### **VTF Change Area: Care Coordination & Care Management**

Facilitate the delivery and coordination of care for high-risk and other patient segments through targeted services, provided when and how needed.

	1 – Learning	2 – Basic	3 – Applied	4 – Skilled	5 – Expert
Care Coordination & Referrals				Health center's referral and tracking process includes goals for referral management that are incorporated into health center improvement strategies	
Transitions of Care				Health center operates a transitional care management program that meets Transitional Care Management (TCM) billing requirements of the Centers for Medicare and Medicaid Services (CMS), though health center may not be billing for services	
Care Management				Health center operates a care management system for high- risk patients that meets billing requirements for the Centers for Medicare and Medicaid Services (CMS) care management services (e.g., Chronic Care Management (CCM)	

### **WHAT** services does a care management program provide?

Care management involves intensive, one-on-one services, provided by one or more care team members, to individuals with complex health and social needs.

### Medicare care management services (*reimbursable outside of PPS!*) include:

- Chronic Care Management
- Complex Chronic Care Management
- Principal Care Management
- Transitional Care Management

- Behavioral Health Integration
- Psychiatric Collaborative Care Management
- Community Health Integration
- Principal Illness Navigation

- Chronic Pain Management
- Remote Physiologic Monitoring
- Remote Therapeutic Monitoring

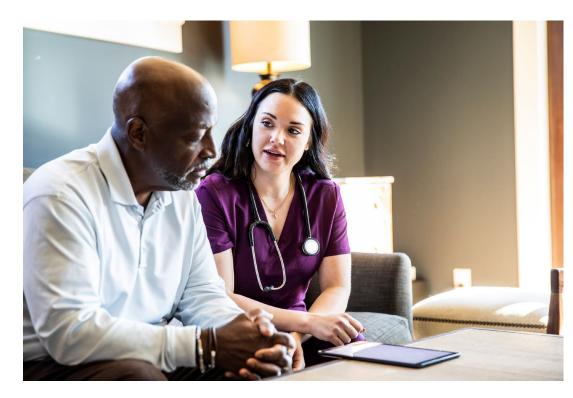
Programs differ in *eligible patients*, *staff who may provide/bill for services*, and *service elements* but **ALL** involve providing individualized support to patients outside of typical office visits.

In this learning forum, we will focus on how to implement a **Chronic Care Management** Program.



### WHAT services does a care management program provide?

### Key components of Chronic Care Management include:

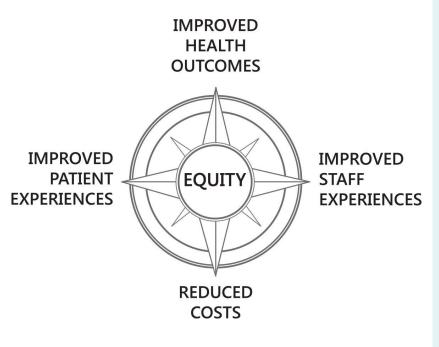


- Identifying and engaging high-risk individuals
- Conducting a comprehensive assessment
- Creating an individual care plan
- Providing patient education
- Monitoring clinical conditions
- Coordinating needed services



### WHY implement a care management program?

### **Quintuple Aim Goals:**



#### Improved health outcomes

- Chronic condition management
- Care plans designed to meet patient health goals
- Support with preventive services and social risk factors
- Education and self-management support

#### Improved patient experience

• Increased time and attention from care providers

#### Improved staff experience

- Skill development and career advancement pathway
- Contributes to optimized care team functioning

#### **Reduced cost**

• Better control financial risks/high cost of care associated with complex patients

#### **Advanced equity**

• Individualized support to patients experiencing health disparities and social needs



### **HOW** to implement a care management program

### NEW!



This microlearning course will help you to determine how to implement a care management program.

Care Management involves intensive services provided by one or more care team members to individuals with complex health and social needs.

**Care Management Microlearning** 

**STEP 1** Ensure leadership support of initiative

- STEP 2 Define care management services to be provided
- **STEP 3** Identify or hire a care manager
- STEP 4 Announce initiative to all health center staff
- STEP 5 Identify eligible patients through data
- STEP 6 Provide training specific to job role
- **STEP 7** Design workflow and prepare HIT systems to support program
- **STEP 8** Enroll patients
- STEP 9 Provide and document care management services
- STEP 10 Ensure regular communication with provider, care team
- STEP 11 Code and bill for services
- STEP 12 Monitor program outcomes as part of health center quality improvement plan

### **STEP 1** Ensure Leadership Support of Initiative

Engage health center leadership, Board members, and other stakeholders to support the implementation of a care management program. Highlight the ways this work aligns with existing organizational priorities and adds value to patients, the health center, and the community.

State the business imperative for care management, including serving as a foundation for value-based care.



All organizational transformation, including the implementation of a care management program, requires that leaders invest in and train health center staff as well as provide staff with protected time to work toward program goals.

Leadership must also invest in the tools and infrastructure needed to support activities, including health information technology that can support the delivery of care management services.



Tools & Resources: NACHC Leadership Action Guide



# STEP 2Define Care Management Services<br/>to be Provided

Care management programs can differ across health centers as well as across payor and state initiatives.

- Patients eligible to participate (demographics, insurance type, clinical conditions, social risk factors)
- Staff roles who provide services
- Services provided through the care management program
- Coding and billing opportunities

Define the care management services your health center will provide based on:

- Patient population needs
- Health center priorities, resources, and staffing
- Reimbursement opportunities

After defining services, identify a pilot site, provider champion, and patient panel where services will be initially implemented. This enables process improvement to occur before services are expanded to additional sites, providers, and patients.



PROGRAM

## **STEP 3** Identify or Hire a Care Manager



For a Chronic Care Management (CCM) Program, this is most commonly a Nurse (CNS, RN, LPN), may also be a Social Worker.

The care manager is member of the expanded care team and works closely with the Provider, Medical Assistants, Nurses, patient-facing administrative staff, and other care team members who are working together to support a panel of patients.



The identified care manager is responsible for providing the one-on-one care management services to a sub-panel of patients with complex health and social needs. (See *Step 9* for a description of CCM service elements.)

Define the roles and responsibilities of the care manager with a clear job description.



Tools & Resources:
NACHC Care Teams Action Guide
Sample lob Description



## STEP 4

Announce Initiative to all Health Center Staff

> Successful initiatives start with communication! Inform health center staff about the organization's plans to implement a care management program and explain its impact on staff and patients.

Be sure to acknowledge the care manager leading the program and recognize other staff (e.g., provider champion, members of the care team, IT staff, and others) who will be needed to support program activities.



## **STEP 5** Identify Eligible Patients Through Data



### Work together with IT/data staff to pull reports of patients who meet eligibility criteria to be used in *Step 8, Enroll Patients*. Consider the pilot site, provider champion, and patient panel identified in *Step 2*.

**CCM:** Medicare patients who have multiple (two or more) chronic continuous or episodic conditions expected to last at least 12 months or until the patient dies, or that place the patient at significant risk of death, acute exacerbation/ decompensation, or functional decline.

#### NCQA PCMH:

- The practice systematically identifies patients who may benefit from care management
- Considers the following when establishing a systematic process and criteria for identifying patients who may benefit from care management:
  - ✓ Behavioral health conditions
  - ✓ High cost/high utilization
  - Poorly controlled or complex conditions
  - ✓ Social determinants of health
  - ✓ Referrals by outside organizations (e.g., insurers, health system, ACO), practice staff, patient/family/caregiver
- Applies a comprehensive risk-stratification process for the entire patient panel to identify and direct resources appropriately (elective)





### STEP 6

### Provide Training Specific to Job Role

### **Care Manager**

- Required service elements of program (see *Step 9*)
   Documentation requirements for coding & billing
- ✓ Empathic inquiry

- ✓ Motivational interviewing
- ✓ Patient case studies
- ✓ Technology that will be utilized

#### Leadership & Board

 General understanding of program to support goal setting, strategic planning, ensuring the program has necessary resources

#### **All Health Center Staff**

 ✓ General understanding of program to support patients and administrative functions

#### Provider Champion, Care Team, Care Manager

- ✓ Required service elements of program (provides clarity on care team member roles)
- Communication (see Step 10)

### QI & Data Staff

 General understanding of program to support process improvement and reporting on program metrics

### **Coding & Billing Staff**

Documentation requirements, codes

**STEP 7** Design Workflow and Prepare Health Information Technology (HIT) Systems to Support Program

### **Consider processes & HIT functionality for:**

- Panel management
- Documenting a care management encounter/'visit'
- Service elements (see Step 9)
  - Care plan template
- Time spent providing services
- Billing & coding
- Care team communication (see *Step 10*)

### NCQA PCMH:

• The care plan is integrated into a shared electronic medical record, information exchange or other cross-organization sharing tool or arrangement (elective)





### **STEP 8** Enroll Patients

#### Determine which method, or combination of methods, will be most effective in enrolling patients:



Provide information on what care management services include, whether the patient will be responsible for any copays/coinsurance, and why their PCP is recommending them for care management services.

#### Receive patient consent for care management services.

**A full panel size for a care manager is likely to be in the range of 50-150 high-risk patients**. Factors affecting panel size include health center processes, the care manager's experience, the clinical and social complexity of patients, available social supports, and desired care management outcomes. Evaluate caseload size and manageability on an ongoing basis.

### Keep in mind when setting goals or calculating potential revenue for care management, it takes time to build a patient panel!





**Provide and Document Care Management Services** 



### **CCM Service Elements**

- ✓ 24/7 access to clinical support staff
- ✓ Continuity of care with designated care team member
- ✓ Comprehensive assessment of medical, functional, and psychosocial needs
- ✓ Preventive care
- ✓ Medication management
- ✓ A comprehensive *care plan* created, monitored, revised, and shared with the patient/caregiver and other internal/external members of the patient's care team.
- ✓ Patient education and resources
- ✓ Care coordination





STEP 9

### **Provide and Document Care Management Services**



### What is included in a care plan?

### Following NCQA PCMH, a care plan includes:

- ✓ Problem list
- ✓ Expected outcome/prognosis
- ✓ Treatment goals
- ✓ Medication management
- ✓ Community and/or social services
- $\checkmark$  A schedule to review and revise the plan, as needed

### When developing a care plan:

- Involve the patient, including discussions about goals (e.g., patient function/lifestyle goals, goal feasibility and barriers) and consider patient preferences
- Write the care plan at a health literacy level accessible to the patient (i.e., does not contain medical jargon, abbreviations/acronyms or billing codes)
- Use motivational interviewing to assess patient readiness to change and self-management abilities through patient questionnaires and self-assessment forms.
- Provide the patient with a copy of the care plan



# STEP 10Ensure Regular Communication with<br/>Provider, Care Team

Consider how the care plan will be shared with members of the care team (see *Step 7*):

- Internal care team (PCP and others)
- External care team members (outside of the health center)
- Patient/caregiver

Use huddles to share key updates regarding Care Management patients who have a scheduled appointment that day.

Implement meetings with key care team members dedicated to discussing high risk patients.





## **STEP 11** *Code and Bill for Services*



#### Services may be billed once per calendar month:

What the Provider Codes (CCM)	Services (CCM)	Code FQHC Bills to CMS	CMS Pays (Physician Fee Schedule)
CPT 99490	At least <b>20 minutes</b> of services provided by auxiliary personnel.	G0511	\$71.70
CPT 99491	At least <b>30 minutes</b> of services provided by the authorized billing provider.	G0511	\$71.70

Once a minimum CPT service time threshold is reached, FQHCs are expected to continue furnishing services, as applicable, during the calendar month and are not permitted to bill for any additional time via add-on service codes.

**G0511 can be billed multiple times per month for separately identifiable services,** co-insurance applies. Certain services cannot be billed together.



### Monitor Program Outcomes as Part of Health Center Quality Improvement Plan

Incorporate measures into your health center's QI Plan, and use data to scale your care management program, meet the needs of your patient population, and balance staffing/care team responsibilities.

Consider measuring:

**STEP 12** 

- $\,\circ\,$  The number of patients in each care manager's panel
- $\,\circ\,$  Each care manager's panel size over time to view 'net' changes
- $\,\circ\,$  Patient enrollments and disenrollments by month
- o Patient disenrollments by reason
- The number of CCM eligible patients enrolled in care management
- The number of completed Care Management encounters
- $\,\circ\,$  The number of billed CCM encounters
- $\circ\,$  The impact on UDS quality measures
- Progress on patient care management goals

NCQA PCMH: Monitor the percentage of the total patient population identified for Care Management through its process and criteria.



Tools & Resources:

NACHC Improvement Strategy Action Guide
 Monitoring Care Management Program Outcomes







**Michele Labs, MSN-E, RN, CCM** Associate Director Value Based Care OneWorld Community Health Centers, Inc.

- Nurse > 25 Years
  - BSN Clarkson College 1998
  - MSN-Education Walden University 2007
- MCO/VBC > 10 Years
- Certified in Case Management since 2014
- OneWorld > 5 Years
  - Nurse Manager TOC/VBC 2018-2022
  - AD VBC 2023-Present
- Specialty: Quality Improvement & Revenue Sourcing through VBC



**William Ostdiek, MD** CMO OneWorld Community Health Centers, Inc.

- Family Physician >20 years
- FQHC leadership >6 years
- Special interests: population health and medical care for individuals experiencing homelessness
- MD University of Nebraska Medical Center







- Located in Omaha, Nebraska
- 22 Sites: Medical/Quick Sick/Behavioral Health/Dental/Immigration/Learning Center/Teens

& Young Adults/School-based Health Centers/Mobile Clinics/Homeless shelter/WIC

- Served 51, 913 patients and had 181,702 visits in 2023
- 2023 Awards/Achievements



- Engaged in 4 VBC contracts, 2 of which are Shared Savings
- Unique aspect: resourced VBC contracts to account for over 5% of budgeted revenue







OneWorld developed Multidisciplinary (MDT) meetings, Care Coordination meetings, and templates to enhance our patient care:

- People:
  - We have 3 Care Managers (2.5 FTE): 1LPN, 2RN who share the workload for our Transitions of Care (TOC), High Utilizers, High Risk,

Complex Pts. We have figured the salary of a 1.0 FTE into our VBC contracts.

- Ongoing communication is essential between provider, patient, care manager, pharmacy, and Managed Care Organization (MCO). We have 2 monthly meetings (MDT: Provider/CM/SW from MCO/Pharm) and a Care Coordination Meeting (MCO/CM)
- Infrastructure:
  - $\circ\,$  NextGen EMR SDOH risk score
  - $\,\circ\,$  MCO Report with usage in dollars and a predictive risk score
  - $\,\circ\,$  Templates for documentation and meetings
  - $\,\circ\,$  Secure File Transfer Protocol (SFTP) sites with the MCOs
  - $\,\circ\,$  State database for hospitalizations/ER usage

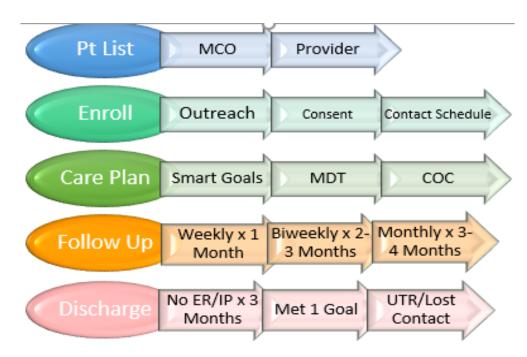






#### • Care Delivery:

o Process



#### o Impact on Care

- Care is focused on a holistic patient centered approach
- o Meaningful provider visits often with CM/patient
- More communication has decreased no-show rate as well as noncompliance





## Featured Health Center



#### Case Management Documentation Template

Screening/Assessment

- Pt Info (Number called/name of person/etc.)
- Medical/Behavioral Conditions
- Affect
- ER/IP
- Recent specialty appointments
- Recent medication refills/changes
- ADLS
- SDOH
  - Housing
  - Transportation
  - Food
  - Other

#### Planning

- Goal (SMART)
- Goal Progress

#### Care Coordination

Subjective

Next Appointment/Follow Up



NextGen Care Plan Template						
Area	Responses	Dates				
Supportive Services						
Chronic Problem Details						
Community Supports/Self Help Groups						
Living Will/ Health Care Proxies						
Durable Medical Equipment						
Healthcare Providers						
Self Management Goals (SMART)						
Allergies & Medication Reactions						
Care Team & Patient Contact Info for Questions						
Details for Patient Care Plan Document						
Follow up & Pending Appts						
Next CM Contact Date & Preference						

l	MDT Template														
	Person #/MRN		First Name	DOB	Age	Insurance	PMH (3-	Top Barriers 1-2		Plan	Progres s	ED			MDT Notes



## **Featured Health Center**



#### Outcomes

- Decreased ER
  - Decreased cost by 28% for MCO contract
- Improved patient/provider relationship
- Increased patient satisfaction

#### **Lessons Learned**

- Provider Paloozas
- Accurate attribution is essential
- Utilizing both BH and medical for MDT
- Referral criteria
- Acuity score





## Payment for Care Mangement Services





### **VTF Assessment: Payment**





#### **VTF Change Area: Payment**

Utilize value-based and sustainable payment methods and models to facilitate care transformation.

	1 – Learning	2 – Basic	3 – Applied	4 – Skilled	5 – Expert
Payment Strategy				Health center leaders have outlined a strategy for payment reform which includes transforming care and services. Health center has secured appropriate legal and compliance expertise for proposed alternative payment methods	
Financial Models				Health center leaders use financial modeling to support negotiations with various payers and understand financial requirements to support the transition to value-based care.	
Engagement in Value-Based Contracts				Health center has entered into a risk-based value-based contract (e.g., through an independent practice association, accountable care organization, etc.) and is actively working to optimize payments.	
<b>CIN Participation</b>				Health center is actively engaged in a clinically integrated network (CIN), and through the CIN, is engaged in negotiations to enter into an alternative payment model (APM) or risk-based contract.	

### **Payment for Care Management Services**

Health centers can obtain revenue above and beyond their federally-qualified all-inclusive Prospective Payment System (PPS) encounter rate for medically necessary, allowable care management services.

This additional revenue can help fund systems transformation as well as be an important part of a health center's value-based care model.

#### Medicare care management services include:

- Chronic Care Management
- Complex Chronic Care Management
- Principal Care Management
- Transitional Care Management

- Behavioral Health Integration
- Psychiatric Collaborative Care Management
- Community Health Integration
- Principal Illness Navigation

- Chronic Pain Management
- Remote Physiologic Monitoring
- Remote Therapeutic Monitoring



## Payment for Care Management Services

Care Management Services	CPT & HCPCS Codes	Code FQHC Bills to CMS	CMS Pays (Physician Fee Schedule)
Chronic Care Management		G0511	\$71.70
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Behavioral Health Integration		G0511	\$71.70
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Remote Physiologic Monitoring		G0511	\$71.70
Remote Therapeutic Monitoring		G0511	\$71.70



## **NEW Resource!**

#### Summary of Medicare G0511 Care **Management Services:**

- Chronic Care Management
- Complex Chronic Care Management
- **Principal Care Management**
- Chronic Pain Management
- **Behavioral Health Integration**  $\checkmark$
- Community Health Integration
- **Principal Illness Navigation**
- Remote Physiologic Monitoring
- Remote Therapeutic Monitoring  $\checkmark$

#### **Summary Includes:**

- Description
- Initiating visit requirements
- Eligible patients
- Authorized billing providers  $\checkmark$
- Examples of auxiliary personnel
- Service elements
- **CPT & HCPCS codes**
- Examples of co-occurring services

#### Summary of Medicare Care Management Services Billed Using G0511\*

See NACHC resource: <u>CMS Billing Lingo, Defined!</u> for definitions of terms used throughout this document.

	Chronic Care Management (CCM)	Complex Chronic Care Management (CCCM)	Principal Care Management (PCM)	Chronic Pain Management (CPM)	Behavioral Health Integration (BHI)	Community Health Integration (CHI)	Principal Illness Navigation (PIN)	Remote Physiologic Monitoring (RPM)	Remote Therapeutic Monitoring (RTM)
Description	Personalized and supportive services provided to patients with multiple chronic conditions to coordinate care and develop a care plan to achieve health goals.	Personalized and supportive services provided to patients with multiple chronic conditions, who require moderate or high medical decision making, to coordinate care and develop a care plan to achieve health goals.	Personalized and supportive services provided to patients with a single complex chronic condition to coordinate care and develop a care plan to achieve health goals.	Personalized and supportive services provided to patients with chronic pain to coordinate care and develop a care plan to achieve health goals.	Personalized and supportive services provided to patients with behavioral health needs to coordinate care and develop a care plan to achieve health goals.	Personalized and supportive services provided to patients with unmet social drivers of health (SDOH) needs that interfere with, or present a barrier to, the diagnosis, treatment, and self- management of illnesses, diseases, or conditions.	Personalized and supportive services provided to patients with a high-risk condition and healthcare navigation needs.	A patient's use of devices to remotely assess and record physiologic data (e.g., weight, blood pressure, pulse oximetry, respiratory flow rate) outside of the clinical setting, usually in the home.	A patient's use of devices to remotely monitor adherence and response to therapeutic treatment (e.g., respiratory, musculoskeletai) using non-physiologic data outside of the clinical setting, usually in the home.
Initiating Visit Requirements Not part of care management services; billed separately.	<ul> <li>Annual Wellness Visit (J</li> </ul>	9215) cal Exam (IPPE) (CPT G0402) AWW) (CPT G0438, G0439) gement (TCM) (CPT 99495-99	496)	A face-to-face visit of at least 30 minutes in the clinical setting.	Any one of the following: E/M visit (CPT 99212-99215) Initial Preventive Physical Exam (IPPE) (CPT G0402) Annual Wellness Visit (AWV) (CPT G0438, G0439) Transitional Care Management (TCM) (CPT 99495-99496) Psychiatric diagnostic evaluation (CPT 90791) performed by Clinical Psychologist	Any one of the following: • E/M visit (CPT 99212-99215) • Annual Wellness Visit (AWV) (CPT G0438, G0439) • Transitional Care Management (TCM) (CPT 99495-99496) Note: IPPE is NOT an accepted initiating visit for CHI services	Any one of the following: E/M visit (CPT 99212-99215) Annual Wellness Visit (AWV) (CPT G0438, G0439) Transitional Care Management (TCM) (CPT 99495-99496) Psychiatric diagnostic evaluation (CPT 90791) performed by Clinical Psychologist Note: IPPE is NOT an accepted initiating visit for PIN services Note: initiating visit must be repeated annually for PIN services to continue.	No initiating visit required	

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#### Summary of Medicare Care Management Services Billed Using G0511\*



	Chronic Care	Complex Chronic Care	Principal Care	Chronic Pain	Behavioral Health	Community Health	Principal Illness	Remote Physiologic	Remote Therapeutic
	Management (CCM)	Management (CCCM)	Management (PCM)	Management (CPM)	Integration (BHI)	Integration (CHI)	Navigation (PIN)	Monitoring (RPM)	Monitoring (RTM)
Service	<ul> <li>Comprehensive assess</li> <li>Preventive care</li> <li>Medication manageme</li> <li>A comprehensive care</li> </ul>	designated care team memb sment of medical, functional, a ent plan created, monitored, revis other internal/external memb	and psychosocial needs sed, and shared with the	<ul> <li>Services may be billed once per calendar month after at least 30 minutes of services provided by the authorized billing provider, including:</li> <li>Administration of a validated pain rating scale or tool</li> <li>Patient-centered care plan</li> <li>Patient assessment and monitoring of their diagnosis and treatment</li> <li>Medication management</li> <li>Pain and health literacy counseling</li> <li>Facilitation, coordination, and on-going communication with other necessary providers (e.g., behavioral health, physical and/or occupational therapy, home care)</li> <li>Facilitation for crisis care for chronic pain</li> </ul>	<ul> <li>Services may be billed once per calendar month after at least 20 minutes of services provided by the authorized billing provider or auxiliary personnel (CPT 99484) or by CP, CSW, MHC, or MFT (G0323), including:</li> <li>Initial assessment and ongoing monitoring using validated clinical rating scales</li> <li>Behavioral health care planning in relation to behavioral/psychiatr ic health problems, including time spent modifying plans for patients who are not progressing or whose status changes</li> <li>Facilitating and coordinating treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation</li> <li>Continuity of care with a designated member of the care team</li> <li>Coordination with and/or referral to qualified providers for medication, E/M services, counseling and/or psychiatric consultation (G0323)</li> </ul>	Services may be billed once per calendar month after at least <b>60</b> <b>minutes</b> of services provided by certified or trained auxiliary personnel, including: • Patient-centered assessment • Coordination with home- and community-based resources • Health education • Developing self- advocacy skills • Health care access and navigation • Patient behavioral change facilitation • Facilitate and provide social and emotional patient support	<ul> <li>Services may be billed once per calendar month after at least 60 minutes of services provided by certified or trained auxiliary personnel, including:</li> <li>Patient-centered assessment (PIN) or interview (PIN-PS)</li> <li>Identifying or referring patient (and caregiver or family, if applicable) to appropriate supportive services.</li> <li>Health education</li> <li>Developing self- advocacy skills</li> <li>Health care access/health system navigation</li> <li>Facilitating behavioral change as necessary for meeting diagnosis and treatment goals (PIN only)</li> <li>Facilitating and providing social and emotional support</li> </ul>	<ul> <li>Services may be billed once per calendar month after at least 16 days of data have been collected in a 30-day period.</li> <li>Initial device set-up and patient education on the use of equipment.</li> <li>Device supply with scheduled recording(s) and transmissions</li> <li>The collection, analysis, and interpretation of digitally collected physiologic data.</li> <li>Management of a patient-centered treatment plan.</li> <li>CPT services 99457 and 99458 require at least one interactive communication with the patient during the calendar month, 20 minutes of authorized billing provider time.</li> <li>Note: This is a summary of RPM service elements. Each RPM CPT code includes a unique set of service elements to be provided.</li> </ul>	<ul> <li>Services may be billed once per calendar month after at least 16 days of data have been collected in a 30-day period.</li> <li>Initial device set-up and patient education on the use of equipment.</li> <li>Device supply with scheduled recording(s) and transmissions</li> <li>Review and monitoring of data related to signs, symptoms, and functions of respiratory or musculoskeletal system therapeutic response.</li> <li>Non-physiologic and therapeutic data can be patient self- reported and/or digitally uploaded</li> <li>Management of a patient-centered treatment plan.</li> <li>CPT services 98980 and 98981 require at least one interactive communication with the patient during the calendar month, 20 minutes of authorized billing provider time.</li> </ul>

## **UPDATED & NEW Resources!**

S Reimbursement Tips: Remote Physiologic Monitoring (RPM) & Remote Therapeutic Monitoring (RTM)

#### 📄 Overview

Remote Physiologic Monitoring (RPM) and Remote Therapeutic Monitoring (RTM) are services where providers and care team staff remotely, through the use of devices, assess and respond to their patients' health data between regular office visits and outside the clinical setting (usually with the patient at home). Data is used to develop and manage a patient-centered treatment plan.

- RPM services involve a patient's use of devices to remotely assess and record physiologic data (e.g., weight, blood
  pressure, pulse oximetry, respiratory flow rate).
- RTM services involve a patient's use of devices to remotely monitor adherence and response to therapeuti treatment (e.g., respiratory, musculoskeletal) using non-physiologic data.

Effective January 1, 2024, CMS began reimbursing FQHCs separately from the Medicare Prospective Payment System (PPS) encounter rate for RPM and RTM services. RPM and RTM services are grouped in with the suite of care management services billable by FQHCs via GoS11 (see NACHC resource: *Summary of Medicare Care Management* <u>Services Billed Using GOS11</u>). This Tip Sheet provides FQHCs with simplified, easy-to-understand instructions for providing and billing CMS for RPM and RTM services. Also see NACHC resource: <u>CMS Billing Lingo. Defined!</u> for definitions of terms used throughout this document.)

#### alinitiating Visit Requirements

No initiating visit required prior to the start of RPM or RTM services.

#### & Eligible Patients

RPM	RTM
Medicare Part B beneficiaries.	<ul> <li>Medicare Part B beneficiaries.</li> </ul>
<ul> <li>Provide consent for services.</li> </ul>	<ul> <li>Provide consent for services.</li> </ul>
<ul> <li>Have acute or chronic condition(s) for which the authorized billing provider determines that RPM services are medically necessary.</li> </ul>	<ul> <li>Have acute or chronic respiratory, musculoskeletal, or other condition(s) for which the authorized billing provider determines that RTM services are medically necessary.</li> </ul>
Established patients.	<ul> <li>Have an established treatment plan in place prior to the start of RPM services.</li> </ul>
During the COVID-19 PHE, CMS allowed RPM services to be provided to new and established patients. Since the end of the PHE on May 11, 2023, CMS has clarified Athat RPM services are allowed for only established patients. Any patients who received initial RPM services during the COVID-19 PHE are considered by CMS to be established patients.	CMS does not explicitly state that to be eligible for RTM services a patient must be an established patient but does require an established treatment plan to be in place prior to the start of services by the ordering practitioner. RTM services can then be used to further manage that treatment plan (one of the required service elements).

**Reimbursement Tip Sheets:** 

Improved formatting

Simplified language (still detailed guidance)

Aligned with 2024 Medicare Physician Fee Schedule Final Rule

Available Now: <u>Remote Physiologic Monitoring & Remote Therapeutic Monitoring</u> (New)

#### Coming Soon:

- ✓ Community Health Integration (New)
- ✓ Principal Illness Navigation (New)
- ✓ Chronic Care Management, Complex Chronic Care Management & Principal Care Management (Updated)
- ✓ Transitional Care Management (Updated)
- ✓ Initial Preventive Physical Exam & Annual Wellness Visits (Updated)
- ✓ Behavioral Health Integration (Updated)
- ✓ Chronic Pain Management (Updated)
- ✓ Psychiatric Collaborative Care Management (Updated)
- ✓ Diabetes Self-Management Training & Medical Nutrition Therapy (Updated)
- ✓ Virtual Communication Services (Updated)
- ✓ Mental Health Telehealth (Updated)



## **NEW Resource!**

CMS Billing	
Lingo,	
<b>Defined!</b>	

#### **CMS Billing Lingo, Defined!**

his document provides definitions for key terms used in the <u>NACHC Reimbursement Tips</u> for edicare Care Management services.

#### Care Management Services

Care management services are team-based, integrative management and coordination of a patient-centered treatment plan supporting acute and/or chronic conditions. Many of the services include **non-face-to-face** activities, which when not personally performed by the **authorized billing provider**, are performed by **auxiliary personnel**, **incident to and** under the **general supervision** of the billing provider. (Don't worry! All these terms are defined in this document). Care management services include:

- ransitional Care Managemen hronic Pain Management (PC ehavioral Health Integration
- Benavioral Health Integration (BHI)
   Psychiatric Collaborative Care Mana
- Principal Illness Navigation (
- Remote Physiologic Monitoring (RPN
- Remote Therapeutic Monitoring (RTM

#### Providers

Authorized Billing Providers: Qualified healthcare practitioners who are enrolled in Medicare Part B and have 'incident to' benefits for their professional services; are listed as a Medicare FQHC Practitioner, and whose scope of practice, license, education, and training includes the specified services.

FQHC Practitioner: Medicare identifies the following providers as FQHC Practitioners eligible to provide medically necessary health services in compliance with state licensure, certification laws, and scope of practice regulations

- Physicians (MD, DO)
- Nurse practitioners (NPs)
- Certified nurse-midwives (CNMs)
- Clinical psychologists (CPs)
- Clinical social workers (CSWs)
- Marriage and family therapists (MFTs)
- Mental health counselors (MHCs)

Auxiliary Personnel: May provide and bill for services under general supervision of the authorized billing provider. Auxiliary personnel must meet any applicable requirements to provide the services, including licensure and scope of practice, imposed by the State in which the services are being delivered. Applicable training and/or certification may also be required.

#### Supervision

General Supervision: Services provided by auxiliary personnel under a qualified practitioner's overall direction and control, but the practitioner's physical presence is not required during the performance of the service.

Direct "Incident To" Supervision: Services provided by auxiliary personnel, under a qualified practitioner's direction and control, and the practitioner must be physically present in the office suite, but not in the examination room, and immediately available to furnish assistance. Through December 31, 2024, direct supervision requirements may be met by the immediate availability of the supervising practitioner through real-time audiovisual technology.

#### **Types of Visits**

Visit: An FQHC visit must be a medically necessary, face-to-face, interactive medical or mental health or qualified preventive encounter between the FQHC practitioner and patient where one or more qualified FQHC services are provided.

Face-to-Face Services: One or more services furnished during a one-on-one, in-person encounter between a practitioner or as permitted, by auxiliary personnel, and a patient. (A telehealth visit is a substitution for a face-toface visit.)

Non-Face-to-Face Services: One or more activities performed with or for a patient by a practitioner or, as permitted, by auxiliary personnel between office visits and as part of an established treatment plan. Examples of non-face-to-face activities may include phone calls, digital communication, questionnaire completion, and care management and coordination.

New Patient: Under Medicare, this is an FQHC patient who has not received any Medicare-covered professional health service (medical or mental health) from any site within the FQHC organization, or from any practitioner within the FQHC organization, within the past 3 years from the date of service.

Established Patient: Under Medicare, this is an FQHC patient who has received any Medicare-covered professional health service (medical or mental health) from any site within the FQHC organization, within the previous 3 years from the date of service.

Telehealth Visit: Uses interactive audio and video telecommunications technology which permits two-way, realtime communication between the provider and patient. A telehealth visit is a substitution for a face-to-face visit. Flexibilities provided during the COVID-19 Public Health Emergency and extended through December 31, 2024 permit eligible FQHC practitioners to furnish qualified services on the Medicare Telehealth Service List as distant site including from the practitioner's home to a patient located in their home. During this extended period, telephoneonly E/M services are included on the approved service list.

Originating Site: The location of the patient at the time the telehealth service is provided. Through December 31, 2024, the originating site includes the patient's home. Outside the PHE flexibilities and extension, only the FQHC and not the patient's home may be the originating site location for medical telehealth visits.



## **FQHC Billing & Coding Expert**



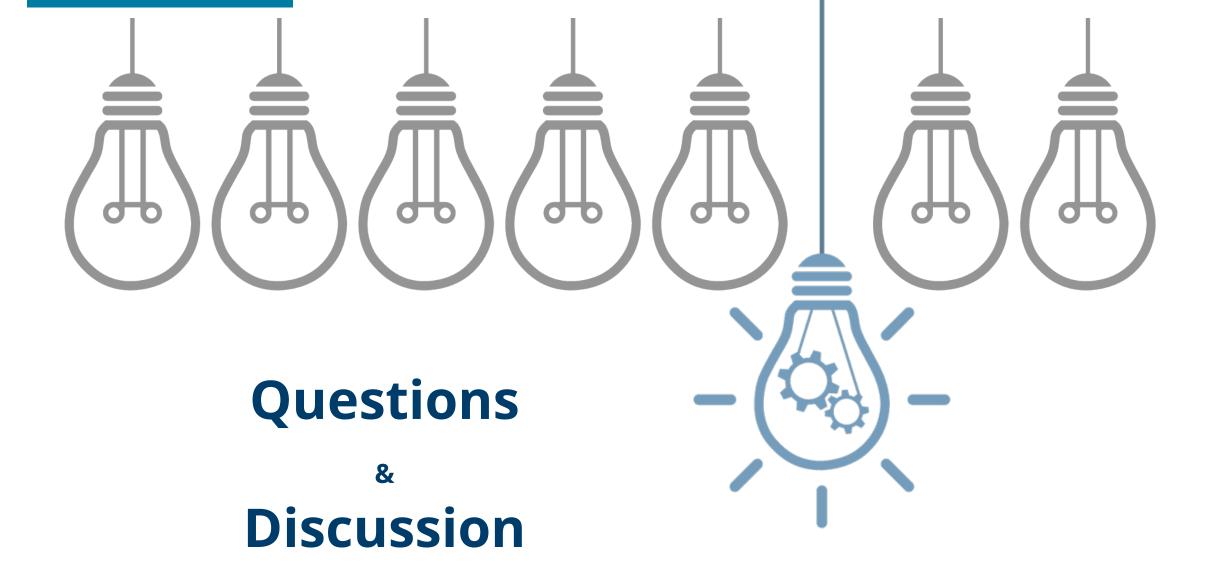
Lisa Messina, MPH, CPC, CPCO Messina Consulting, LLC

*Lisa Messina is an independent consultant and the Compliance Lead* for the FQHC division of Coronis Health. Lisa has over 20 years of health care health information management and operations experience working in the inpatient, outpatient, community clinic, and physician practice arenas. She has conducted research and authored dozens of articles and blogs on coding, billing, and general compliance specific to community health centers.















## **FREE** Professional Development Trainings

#### Lifestyle Coaching Professional Development Opportunity

**For:** Health center staff with some knowledge of the National Diabetes Prevention Program who are interested in facilitating a PreventT2 lifestyle change program.

#### Healthy Weight Professional Development Opportunity

**For:** Health center staff interested in enhancing care for people with higher weight, including those with diabetes and other related conditions. Trainings begin May 1<sup>st</sup> & 2<sup>nd</sup>

Application available <u>here</u>, due April 12<sup>th</sup>!

### Complete VTF Assessments - Access FREE OSV Tool

#### **Complete 3+ VTF Assessments:**

Health centers can receive a 6-month trial membership to an online document management platform to support health center Operational Site Visit (OSV) preparation and ongoing compliance!

Trial offer - \$6,000 value



Missed the information session on the free Trial Subscription? Email <u>support@reglantern.com</u> to express interest



#### **RegLantern Continuous Compliance Tool**

- Cloud-based platform that helps health centers move toward continuous HRSA compliance
- + FTCA Application Tool
- Allows health centers to compile and organize all documents demonstrating compliance in one place
- + Embedded with checklists, alerts, and reminders
- Allows a health center to share documents with on-site reviewers during Operational Site Visit (OSV) through Citrix ShareFile integration
- Access to exclusive discounts for health centers interested in continuing subscription after trial period.
- Free Form 5A Review

## **Elevate Pulse**

## Be on the lookout for the **Elevate Pulse** from the **NACHC Quality Center:**

- ✓ Slides & recordings
- ✓ Tools & resources
- ✓ Upcoming opportunities



## NACHC's Learning Hub

## *FREE* on-demand learning sessions, microlearning courses, and printable resources, developed by NACHC exclusively for health centers and partners!

- ✓ The Aging Population and Dementia
- ✓ Patient Engagement
- ✓ Care Management



- ✓ Value-Based Care
- ✓ Optimizing Care Teams
- $\checkmark$  Elevate Session Recordings and Slides

#### **Access the NACHC Learning Hub here!**

Need help signing in? <u>Click here for instructions!</u>

## National Committee for Quality Assurance

## Video Opportunity!

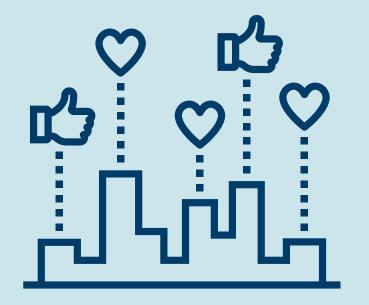
NCQA is creating an ongoing video series highlighting community health center success stories, *How the PCMH model* assists health centers with serving patients & meeting the mission, and **YOUR health center could be featured!** 

- Current video topic: *How PCMH helps health centers operate under value-based arrangements*
- Commitment: two days of on-site filming with video subcontractor
  - Staff & patient interviews plus "b roll" background footage
- Exact schedule prepared to minimize disruptions
  - Individual interviews take around 60 minutes

If interested, email <u>qualitycenter@nachc.org</u> with a statement of interest and brief description of how PCMH helps your health center operate under value-based arrangements. The NACHC Quality Center will share all responses with NCQA for final selection.

Previous videos in the series available here.





## **Provide Us Feedback**







### FOR MORE INFORMATION CONTACT qualitycenter@nachc.org

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### **Next Monthly Learning Forum:**

Health Information Technology

and Cost



May 14, 2024 1:00 – 2:00 pm ET





# Together, our voices elevate° all.

#### **The Quality Center Team**

elevate

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