



Name

Feedback for Pilot Employee Cooking Class



	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
My understanding of how to lower my risk of diabetes has improved after this class.		\bigcirc			
My understanding of how to balance meals has improved after this class.				0	
My understanding of the connection between physical, social and mental wellbeing has improved after this class.		\bigcirc			0
ជា I would recommend this cooking class to my colleagues.		\bigcirc	\bigcirc		0
I would take this cooking class again.					
Please share one or more take-aways you learned today.					
What did you enjoy about today's class?					
What should we change about the next class?					