

Adult BMI

| Measure | Numerator | Denominator | Exclusions | Coding |
|--|--|---|---|---|
| <p>BMI Screening and Follow-up Plan (Adult) – Percentage of patients 18 years of age <i>and</i> older with (1) BMI documented and (2) follow-up plan documented <i>if</i> BMI is outside normal parameters</p> | <p>Patients with:</p> <ul style="list-style-type: none"> • A documented BMI (not just height & weight) during their visit or during the previous 6-months of that visit, AND • When the BMI is outside of normal parameters, a follow-up plan is documented during the visit or during the previous 6-months of the current visit. | <p>Patients 18 years of age or older on the date of the visit with at least one medical visit during the measurement period</p> | <ul style="list-style-type: none"> • Patients who are pregnant • Patients receiving palliative care • Patients who refuse measurement of height and/or weight or refuse follow-up • Patients with a documented medical reason | <p>Z68.1 BMI 19 or less Z68.20 BMI 20.0 to 20.9 Z68.21 BMI 21.0 to 21.9 Z68.22 BMI 22.0 to 22.9 Z68.23 BMI 23.0 to 23.9 Z68.24 BMI 24.0 to 24.9 Z68.25 BMI 25.0 to 25.9 Z68.26 BMI 26.0 to 26.9 Z68.27 BMI 27.0 to 27.9 Z68.28 BMI 28.0 to 28.9 Z68.29 BMI 29.0 to 29.9 Z68.30 BMI 30.0 to 30.9 Z68.31 BMI 31.0 to 31.9 Z68.32 BMI 32.0 to 32.9 Z68.33 BMI 33.0 to 33.9 Z68.34 BMI 34.0 to 34.9 Z68.35 BMI 35.0 to 35.9 Z68.36 BMI 36.0 to 36.9 Z68.37 BMI 37.0 to 37.9 Z68.38 BMI 38.0 to 38.9 Z68.39 BMI 39.0 to 39.9 Z68.41 BMI 40.0 to 44.9 Z68.42 BMI 45.0 to 49.9 Z68.43 BMI 50.0 to 59.9 Z68.44 BMI 60.0 to 69.9 Z68.45 BMI 70 or greater</p> <p>Z71.3 Nutritional Counseling</p> <p>Z71.82 Exercise/Physical Activity Counseling</p> |