

Health Center Professional Development Program

Person-Centered Care for Individuals with Higher Weight

When: October 25 - December 13, 2023

Introduction: The NACHC Quality Center is excited to offer a certificate program for Person-Centered Care for Individuals who have Higher Weight in the Fall 2023 Health Center Professional Development Program. The Quality Center understands the importance of offering training opportunities on how to interact with individuals with higher weight at health centers to manage diabetes and other related conditions. More specifically, these training courses help to achieve the Quintuple Aim: improved health outcomes, improved patient experiences, improved staff experiences, reduced costs, and equity.

Course Description: This course provides tools and strategies to give compassionate, individualized care to higher weight individuals.

Who Should Apply: Care and education specialists, including nurses, dietitians, pharmacists, nurse practitioners, clinical nurse specialists, physicians, physician assistants, social workers, and other health care providers interested in enhancing care for people with higher weight, including those with diabetes and other related conditions.

Course Content: Participants will complete a self-paced online course including 7 modules with audio-visual presentations, downloadable copies of slides, and pre- and post-test learning assessments.

Instructors: Faculty from the Association of Diabetes Care and Education Specialists (ADCES). For more information on the instructors visit their link: [Asha Brown; Constance Brown-Riggs, MEd, RDN, CDN, CDCES; Lorena Drago, MS, RDN, CDN, CDCES; Starlin A. Haydon-Greatting, MS-MPH, BSPHarm, CDM, FADCES, FAPhA; Barbara Kocurek, PharmD, BCPS, CDCES, FADCES.](#)

8 self-paced, online courses:

- Scope of the Problem
- Psychological Considerations
- Obesity as a Chronic Disease
- Treatment Options
- Lifestyle Treatment
- Behavior Change
- Counseling Caveats

**32 seats
available
- Apply
today for an
opportunity to
be accepted!**

Health Center Professional Development Program: Person-Centered Care for Individuals with Higher Weight

Training includes:

- 8 hours of online course content (8 modules) participants complete on their own
- 6-month access to tools, templates, and resources
- Kick-Off and Closing Sessions
- 2 live office Hours to explore questions and connect with peers
- Completion of course results in an ADCES Person-Centered Care for Individuals Who Have Higher Weight badge

Course Schedule	2023 Dates	Time
Kick-Off Session	October 25, 2023	12:00 - 12:30 pm ET
Scope of the Problem	On your own	On your own
Psychological Considerations	On your own	On your own
Obesity as a Chronic Disease	On your own	On your own
Treatment Options	On your own	On your own
Office Hours	November 29, 2023	12:00 - 12:30 pm ET
Lifestyle Treatment	On your own	On your own
Behavior Change	On your own	On your own
Counseling Caveats	On your own	On your own
Closing Session	December 13, 2023	12:00 - 12:30 pm ET

Questions?

Please contact us at: qualitycenter@nachc.org

For more information and to apply, click [here](#).

