



NATIONAL ASSOCIATION OF
Community Health Centers®

Leading Positive Team Performance

Through Resilience and Happiness

Three Part Learning Series

April & May 2022

See Inside for Dates and Details



The

HAPPINESS ADVANTAGE



RANGE Frog

VIRTUAL Workshop™

Leading Positive Team Performance Through Resilience and Happiness

Delivery Method: Group
Internet-Based

Prerequisites and/or PreWork:

In advance of the training, participants will receive log-in information for the training platform, a digital copy of *The Orange Frog* parable, and related pre-work for the course (60-75 minutes).

Program Level: Beginner

Duration of Training: This three-part learning series is comprised of a 5.5-hour one-day virtual training event (including a 45-minute intermission). This main event is followed by two, 2-hour peer learning sessions to support learning implementation.

Those who complete all three sessions will receive a certificate of completion.

“Positive environments are performance enhancers”

This evidence-based learning event, which started in a classroom at Harvard, focuses in on the positive psychology research that proves a positive mindset results in 23% greater energy in the midst of stress, 31% higher productivity, 19% higher accuracy, 40% higher likelihood to be promoted, up to 10 times more engagement, and improves our overall longevity. This learning event is designed to be experiential, growth oriented, and collaborative.

Learning Objectives:

Applying the latest research-based techniques from the field of positive psychology, individuals learn the practices of resilient leaders; they become more adaptable and develop a capacity to “see” more opportunities, leading to better results.

Participants will be able to:

- Practice 5 research-proven tactics for increasing happiness and improving team performance
- Learn to re-write the prevailing social scripts for a more positive environment for your team
- Determine how happiness can be leveraged to drive your organization’s strategic agenda
- Create a personal 21-day action plan supported by two extended learning sessions

Leading Positive Team Performance Through Resilience and Happiness

Virtual Only

Please note: This training will be offered two times. Space is limited to the first 75 registrants for each session.

All times listed are Eastern

- Offer #1**
- Session 1: April 27, 2022: 11:00am – 5:15pm
(a 45-minute break will be provided at 1:45pm)
 - Session 2: May 17, 2022: 12:00pm – 2:00pm
 - Session 3: June 1, 2022: 12:00pm – 2:00pm

- Offer #2**
- Session 1: May 12, 2022: 11:00am – 5:15pm
(a 45-minute break will be provided at 1:45pm)
 - Session 2: June 1, 2022: 3:00pm – 5:00pm
 - Session 3: June 16, 2022: 12:00pm – 2:00pm

Pricing Information

- Early Bird Registration Fee: \$249/person if registered 10 business days prior to the workshop
- Regular Registration Fee: \$449/person if registered less than 10 business days prior to the workshop

**Special
Pricing for
Health Centers!**

For more information or to register go to
www.nachc.org/trainings-and-conferences or email trainings@nachc.com.

For more information about Happiness Advantage | Orange Frog Workshop™ go to
www.orangefrogenterprise.com

Who Should Attend

Any health center staff member or team who wants to:

- Create and sustain a more optimistic, adaptive, and resilient workforce through the power of positive psychology
- Create a catalyst for organizational transformation
- Create a workplace culture that embraces positive change efforts
- Increase employee engagement, resilience and optimism
- Increase staff satisfaction and retention
- Increase patient satisfaction and engagement

“The program impacts every dimension of human potential – performance, intelligence, creativity, leadership ability and health.”

“In an increasingly interconnected world, this event hones in on where our biggest potential lies – in our ability to positively influence others.”



REGISTRATION FORM

Leading Positive Team Performance Through Resilience and Happiness

PARTICIPANT INFORMATION

Name _____

Title _____

Email _____

Organization _____

Address _____

City, State _____ Zip _____

Phone (_____) _____ Fax (_____) _____

COST INFORMATION

Leading Positive Team Performance *Through Resilience and Happiness*

(Select which date you wish to attend): **Workshop: April 27, 2022**
 Workshop: May 12, 2022

Early Bird Registration \$249 per person
(if received 10 days prior to the Workshop) \$ _____

Regular Registration \$449 per person
(if received less than 10 days prior to the
Workshop) \$ _____

PAYMENT INFORMATION

Check (payable to NACHC) MasterCard Visa American Express

Total amount enclosed \$ _____

Card Number _____ Expiration Date _____

Print name as it appears on credit card _____

Cardholder's signature _____

Note: Registration is not final until NACHC confirmation is received. This may take up to two weeks from NACHC's receipt of REGISTRATION FORM. DO NOT mail your forms less than 15 business days prior to the event.



Leading Positive Team Performance Through Resilience and Happiness

April & May, 2022

Virtual Only

Three Ways To Register:



ELECTRONICALLY

Online registration is available. Go to www.nachc.org Click Trainings, find the date and name of the training and click "register now."



MAIL

Mail Registration to:
NACHC Meetings/Acct. Dept.
7501 Wisconsin Avenue
Suite 1100W
Bethesda, MD 20814

Do not mail registration less than 15 business days prior to the event.



FAX

Send registration form with credit card information to (301) 347-0457. **Fax registration no later than 72 hours prior to the event.**

NOTE: Registration forms will not be processed without payment.

Registration closes 48 hours prior to the event, or when all seats are full.

NACHC CANCELLATION POLICY:

All Cancellations must be in writing and must be received at NACHC 10 business days prior to the workshop.

- Cancellations received less than 10 business days prior to the workshop are not refundable.
- Cancellations after the conclusion of the training are non-refundable.
- Substitutions **are** encouraged.
- "No Shows" are non-refundable.

To cancel your reservation, please send a request in writing to the Training and Technical Assistance Department at trainings@nachc.org.