





# Buying Home Blood Pressure Monitors to Support SMBP: How to Get Started

May 13, 2021

# THE NACHC MISSION

### **America's Voice for Community Health Care**

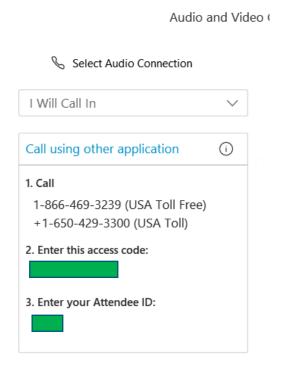
The National Association of Community Health Centers (NACHC) was founded in 1971 to promote efficient, high quality, comprehensive health care that is accessible, culturally and linguistically competent, community directed, and patient centered for all.





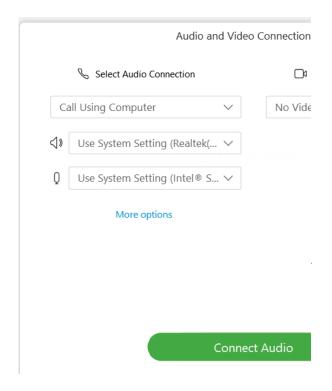
### **AUDIO CONNECTIONS**

# Option 1: "I Will Call In" Follow the unique 3-step process on your screen

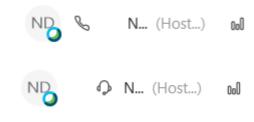


### **Option 2: "Call Using Computer"**

You must have computer speakers and microphone



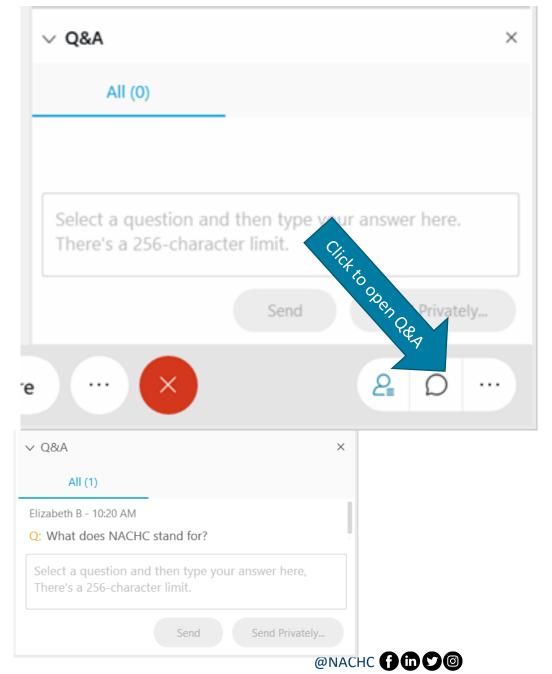
After connecting, if you don't see a phone/headset icon next to your name, please attempt to connect your audio again!



# **ASKING QUESTIONS**

- The Q&A feature is available to ask questions or make comments anytime.
- Open the Q&A box at the bottom of the WebEx window to open the Q&A box on the bottom righthand side of the window.
- Type your questions, as appropriate.Click "SEND" to send your question

  - Do not click send privately
     You may open/close Q&A panel box by "clicking" the ... bubble
- Questions from the chat will be answered and later posted on the NACHC website www.nachc.org).





# **Friendly Reminders**

- Today's Event is being RECORDED
- All attendee lines have been MUTED
- The Q&A BOX is open for the duration of this event
- Questions from the Q&A BOX will be answered after the presentation is completed or in our FAQ document
- You'll be presented with a brief
   SURVEY after the event is completed





# Helpful Handouts

- Choosing a Home Blood Pressure Monitor: Notes Sheet
  - Can be found here: <a href="https://www.nachc.org/wp-content/uploads/2021/05/Home-BP-Monitor-Considerations-and-Comparisons">https://www.nachc.org/wp-content/uploads/2021/05/Home-BP-Monitor-Considerations-and-Comparisons</a> -May-10-2021.xlsx
  - Can be used as a template for note taking during this webinar or for your own manufacturer/device assessment purposes.
- Choosing a Home Blood Pressure Monitor: Scoring Rubric
  - Can be found here: <a href="https://www.nachc.org/wp-content/uploads/2021/05/Home-BP-Monitor-Considerations-and-Comparisons\_-May-10-2021.xlsx">https://www.nachc.org/wp-content/uploads/2021/05/Home-BP-Monitor-Considerations-and-Comparisons\_-May-10-2021.xlsx</a>
  - Can be used to assist with determining the importance of specific criterion and scoring devices based on those criteria.
- Choosing a Home Blood Pressure Monitor: At-a-Glance Comparison
  - Coming soon!
  - High-level comparison of all the manufacturers/devices being discussed today.







# Purpose of Today's Event

# Agenda

- 1 Considerations for Device Selection (CDC, HFP)
- Validated Device List (AMA)
- 3 SMBP Reimbursement (NACHC)
- How to Get the Best Possible Discounts (NACHC)
- Overview of Home Blood Pressure Monitors (Manufacturers)
- Resources (NACHC)





# **Speakers**



Hilary K. Wall, MPH
Senior Health Scientist/
Million Hearts Science Lead
Division for Heart Disease and
Stroke Prevention
CDC



**Debra McGrath**, RN Director, HIT Health Federation of Philadelphia



Nar Ramkissoon
Senior Manager
Improving Health Outcomes
American Medical
Association



**Cheryl Modica**, PhD, MPH, BSN Director, Quality Center NACHC



**Danny Hawkins**Senior Vice President
Community Health Ventures





# **Speakers**



**Greg Lillegard, MS**Chief Operating Officer
A&D Company, America



Vincent Constantine
Director, Channel
Management
Patient Monitoring and
Diagnostics
Hill-Rom-WelchAllyn



Jonathan Hogan Marketing Manager WelchAllyn Home and eCommerce



Carol Lucarelli
Director, Marketing and
eCommerce
OMRON Healthcare, Inc.



**Timothy Shipman**Head of Sales, US
Withings Health
Solutions



**Logan Harper**Business Development
RPM Solutions
Withings Health Solutions



# Considerations for Device Selection

### **Considerations**

- 1. Choose a validated device: <a href="https://www.validatebp.org/">https://www.validatebp.org/</a>
- 2. Choose an upper arm device

NOTE: Validated wrist devices can be used if an appropriately sized upper arm cuff is not available or there is a medical reason not to measure upper arm blood pressure

**3. XL Cuff available** (15.75" – 21.25"):

NOTE: At the 10 health centers that participated in the NACHC Accelerating SMBP Project, 50% of health center patients with hypertension required XL cuffs

4. Bluetooth-enabled self-reporting

- 5. AC Adapter available
- 6. Memory storage capacity
- 7. Multi-user capable
- **8. Averaging capability** (e.g., whether it takes 2-3 measurements automatically and averages more convenient)
- 9. Ease of use
- 10. Insurance coverage
- **11. Cost**
- 12. Group purchasing opportunities





## **Considerations**

- **13. Device integration** (e.g., whether device works with broader remote patient management/care management platforms)
- **14. Data integration** (e.g., whether patient data sent from a Bluetooth device can be integrated into an EHR, population health management system, clinical portal and/or device-agnostic management app.)
- 15. Data security for affiliated apps/clinical portals
- 16. Technical support









# US Blood Pressure Validated Device Listing (VDL™)

Nar Ramkissoon, MPH
American Medical Association
May 13<sup>th</sup>, 2021

### What does validation mean?

Validation is important because it means a blood pressure (BP) measurement device manufacturer has taken steps to ensure that their device has been thoroughly tested to provide clinically accurate BP readings, as specified in evidence- based guidelines.

### **VDL**<sup>TM</sup> Criteria

- 1. FDA 510(k) clearance\* and
- 2. Automated device types with appropriate cuff sizes and
- Documentation on device tested according to an accepted validation protocol and
- 4. Attestation of no changes to BP measurement components (applies to OEM, updated models)

### \*FDA 510(k) clearance process

- Non-invasive blood pressure (NIBP)- Class II medical device
- Safe and effective for sale in the US
- Limitations:
  - Documentation not required for FDA review
  - Substantial equivalence (SE) to previously cleared devices
  - Post-market surveillance



## **VDL Independent Review Committee**

The American Medical Association (AMA) enlisted National Opinion Research Center (NORC) at the University of Chicago as an independent third party to manage the manufacturer submission and review process, including management of the VDL Independent Review Committee (IRC).



- The IRC is comprised of physicians with extensive hypertension management and measurement expertise.
- The IRC reviews submissions from manufacturers to determine whether a device meets the VDL<sup>TM</sup> Criteria.
- NORC is the sole contact point between manufacturers and the Independent Review Committee.
- The AMA has no role in the submission, review, or decision process.

## Validated Device Listing (VDL<sup>TM</sup>)

The US Blood Pressure Validated Device Listing (VDL<sup>TM</sup>) is the first U.S. list of blood pressure measurement devices developed to assist physicians and patients in identifying devices that have been validated for clinical accuracy.

Access the list at ValidateBP.org



## List is growing

**Updated May 2021** 





devices

manufacturers

listed on the VDL after independent review

- Device types represented (5):
  - Ambulatory Blood Pressure Monitoring (ABPM)
  - Professional Office
    - Automated Office Blood Pressure (AOBP)
  - Home
  - Community Kiosk

#### Manufacturers on the VDL:

- AnD Medical\*
- Hillrom Welch Allyn\*
- Microlife
- Omron\*
- PharmaSmart
- Suntech
- Withings\*

\*Home use device listed on the VDL

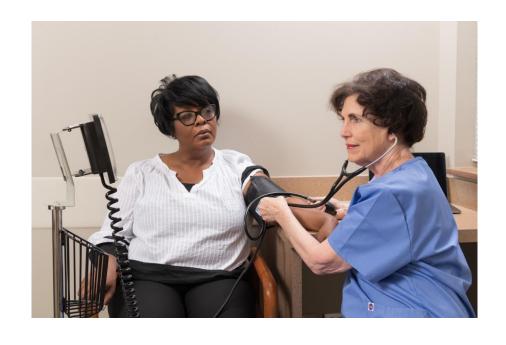


### **Submissions**

Encourage device manufacturers to submit a device for review.

Manufacturers may contact <a href="mailto:VDLsubmission@norc.org">VDLsubmission@norc.org</a> for additional information on how to get started.

Submissions are accepted now and reviewed on a rolling basis.





# Physicians' powerful ally in patient care



# SMBP Reimbursement

# SMBP Reimbursement Tips





### **DURING PUBLIC HEALTH EMERGENCY (PHE):**

- CODE 99473: The only SMBP code that is on the telehealth list.
  - **Includes:** Self-measured blood pressure using a device validated for clinical accuracy; patient education/training and device calibration.
  - **G2025:** CPT 99473 is billed by the FQHCs using G2025. Reportable once per device. CMS pays FQHCs \$99.45.

#### **OUTSIDE OF PHE:**

- 1. RPM (including SMBP) is not reimbursed to FQHCs as a standalone service. When provided "incident to" it is included in the PPS reimbursement
- 2. **FFS payers may reimburse FQHCs for RPM** (including SMBP). It's up to the individual payer to determine reimbursement policy.

### **More Reimbursement Tips at:**



# How to Get the Best Possible Discounts

# **Two Strategies for Maximizing Grant Funds**

- Purchasing products via a group purchasing organization (GPO) or GPO-like arrangement
  - Investigate via your GPO contract catalog
- 2. Group buys or promotional pricing (PCA/HCCN)







### **General Considerations**

### 1. Opportunity for PCAs/HCCNs

- Some home monitoring products under GPO contract (daily pricing)
  - Home monitoring an emerging category
- Group buys (volume)
- Promos (pricing sunsets)



- Hill-Rom Home BP Monitor \$85 (per unit)
- 10% dealer mark up (or \$8.50)
- User price of \$93.50

### 3. Supply Chain Blues





# **Suggested Next Steps**

### 1. Reach out to the validated suppliers

- Determine pricing strategy (group buys vs. promos)
- Determine what you are negotiating (just cost?)
- Determine time to delivery (real time distribution)

### 2. Determine distributor mark up

- Supplier's suggested dealer mark up
- CHC's current distributor mark up (invoice price vs. GPO device costs)





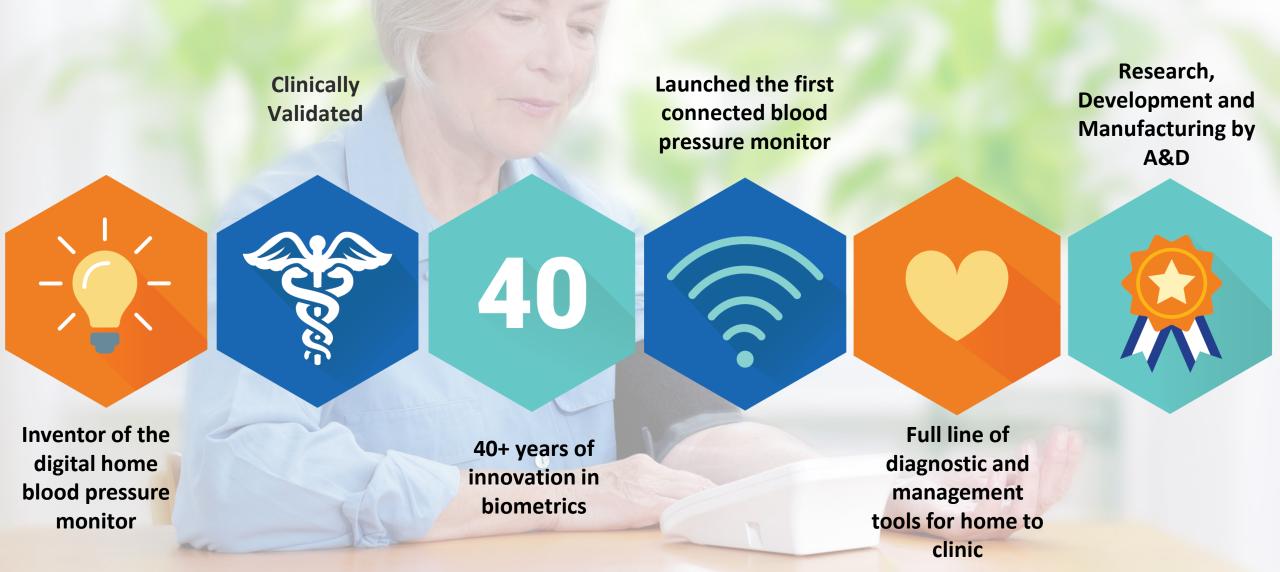




# Overview of Home Blood Pressure Monitors



# Specializing In Blood Pressure Measurement



## Full Line Of Home Blood Pressure Monitors

**Essential** 

One Touch



**Premium** 

Multi-User



Specialty

XL Cuff (16.5-23.6")





Wireless
One Touch



**Talking+**Multi-Lingual Coaching



### Wireless Monitor

UA-651BLE



The workhorse connected blood pressure monitor – easy to use and integrate with a reliable Bluetooth® connection

### **Ease of Use**

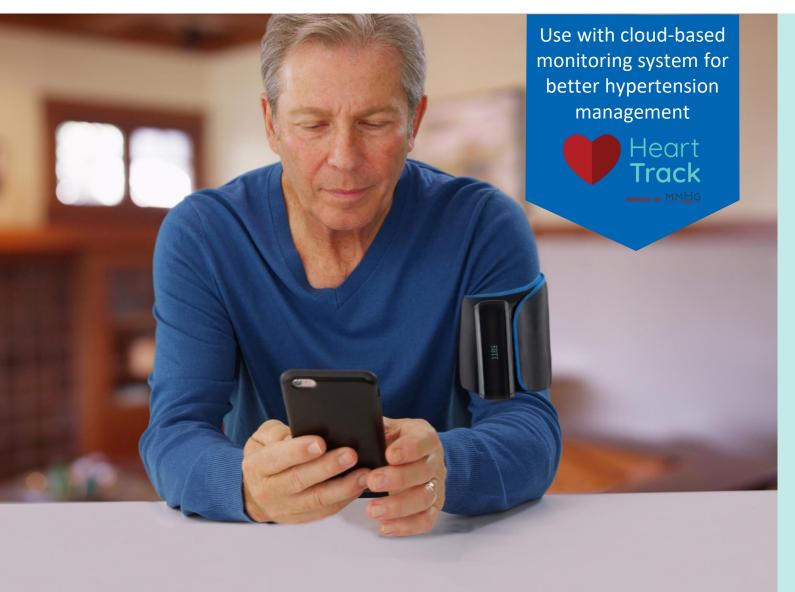
- Easy, one button operation
- Easy to share with family or healthcare providers
- Wide range cuff fits most arms (8.6-16.5")

### **Accuracy**

- Clinically Validated
- Indicates Irregular Heartbeat

### UltraConnect Wireless Monitor

UA-1200BLE



The next generation of home monitoring with Bluetooth® connectivity for seamless logging and trending of measurements

### **Ease of Use**

- Smart Connect automatically detects and syncs measurements
- Wide range cuff fits most arms (8.6-16.5")

### **Accuracy**

- Clinically Validated
- Automated alerts to ensure accuracy cuff fit errors and body movement sensors

# Elevating Care from Diagnosis to Management

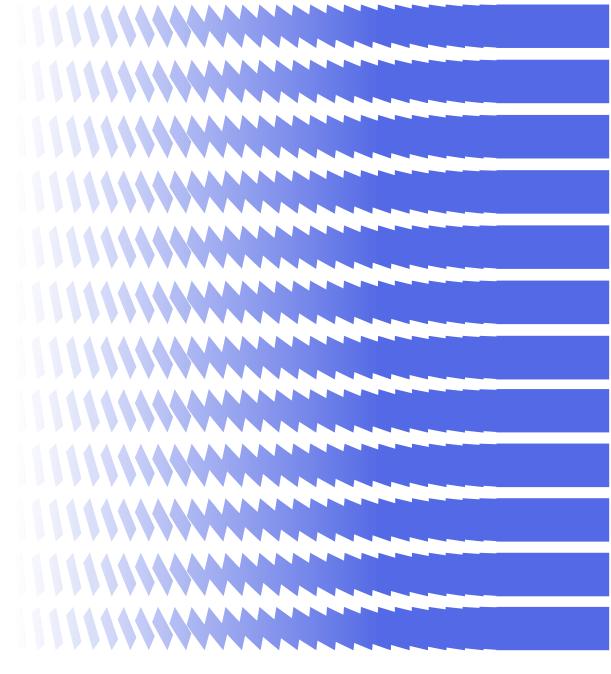




### WELCH ALLYN HOME BP

VINCE CONSTANTINE JON HOGAN

Product Profile May 2021



## Welch Allyn Home Blood Pressure Monitor



### Welch Allyn Home Blood Pressure Monitor

### Welch Allyn Home App

Welch\Allyn° Melch\Allyn°

Dr. Smith would like to follow you. **BLOOD PRESSURE** 

8:57 AM

PULSE RATE

**□** ③ ▼⊿ 📋 2:11 PM

SYS o / DIA A

123/74 mmHg

**50** bpm





### SureBP Technology



Bluetooth 4.0



Connectivity

**Accuracy** 

Wide Range Cuff Size



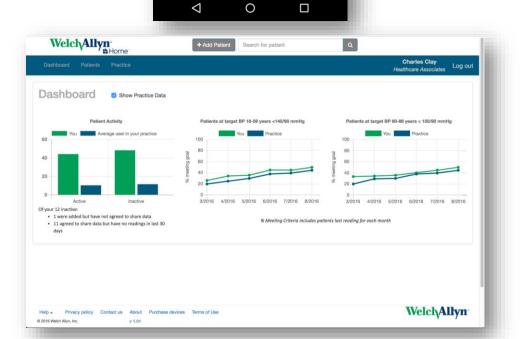
Use

One Button

Standard (22cm – 42 cm)

Extra Large (40cm – 54cm) – 1700 series only Small Adult (15cm – 24cm) – 1700 series only







Operation



## Welch Allyn Home App

# Simple one time set up







#### Patient Engagement Through Easy Review and Sharing of Data





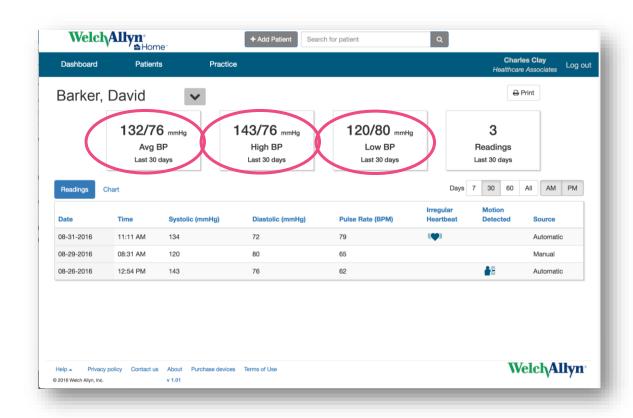


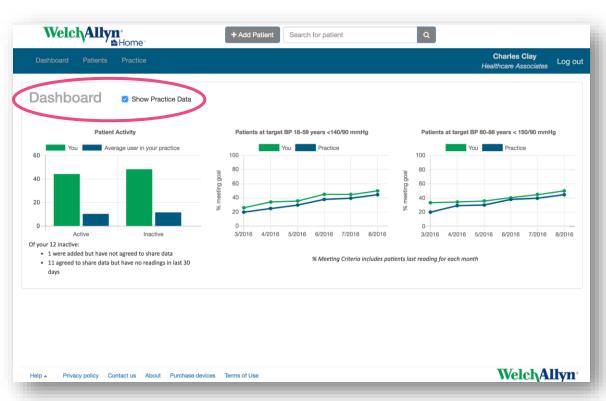




### Welch Allyn Home Clinical Portal







www.welchallynhome.com/Clinical Portal

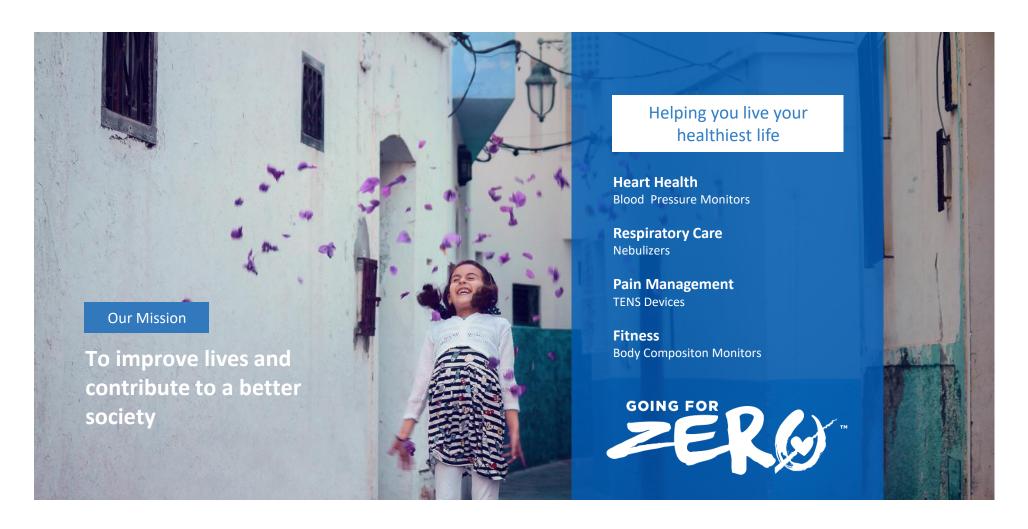


### Welch Allyn Home Blood Pressure Monitor

### **Product Differentiation:**

- Welch Allyn 1700 Validate BP list
- XL and XS cuff availability
- Blue tooth enabled device free WA app
- Clinical Portal monitoring dashboard
- Single button operation
- Sure BP Technology reading upon inflation

### **OMRON**



Presented by OMRON Healthcare, Inc., to National Association of Community Health Centers May 13, 2021

### **OMRON Blood Pressure Monitors**





### Reliability

- Designed to last
- Multi-year warranty



### Ease of use

- Large displays
- One-button operation



### **Accuracy**

Higher standard than required

MORE THAN

200 MILLION

UNITS SOLD

#1 DOCTOR & PHARMACIST
RECOMMENDED BRAND 23

US BLOOD PRESSURE

VALIDATED

DEVICE LISTING

WORLD'S #1
BLOOD PRESSURE MONITOR

<sup>1.</sup> Worldwide for home-use blood pressure monitors

Frost & Sullivan Survey, Blood pressure clinician perception tracker surveys. November 25, 2019

<sup>3.</sup> U.S. News Staff 2020, U.S. News & World Report, accessed June 9, 2020.

<sup>4. &</sup>quot;Global Home Appliance Market Comprehensive Survey 2020" by Fuji Keizai Co., Ltd. (2019)

### **Behavior Changes Support Better Outcomes**



What will get patients to change their behavior to monitor regularly?

Make things comfortable, fast and easy!

IntelliSense technology: automatically determines the correct amount of pressure, resulting in a faster, more comfortable blood pressure measurement

**360-degree cuff rotation:** assists in more accurate readings regardless of cuff alignment

**Wide-range cuff:** provides broad coverage for many arm sizes and helps eliminate errant readings

**Connectivity:** captures data in free app and creates an easy opportunity to share readings with HCPs and others

What will get patients to change their behavior to improve their heart health?

Data, context and coaching!

**OMRONconnect app:** patients see trends over time and are more likely to connect behaviors—good and bad—with readings



**Educational videos:** support patient's appropriate use of devices and HCP's expectation for accurate readings



### VitalSight<sup>™</sup> Remote Patient Monitoring









With VitalSight, physicians remotely monitor their patients' health. This service is designed for patients to take in-home blood pressure and/or weight measurements. Physicians order the service for their patients and then receive patient data in their EMR. These insights allow clinicians to provide proactive and corrective treatment.



### **OMRON**





Thank you for being part of making OMRON the #1 brand of home blood pressure monitors globally!

And thank you for your time today!

# WITHINGS

**Blood Pressure Monitors** 



In 2009, Withings was the first to create and bring a smart scale to market. For the past 12 years Withings has led the industry in designing & manufacturing powerful medical devices that are consistently used by millions of people at home.

#### ABOUT THE BRAND

### PROVEN MEDTECH EXPERTISE

### AWARD-WINNING DEVICES



### LONG BATTERY LIFE

USB chargeable devices with long battery (up to 12 months)

50+ PATENTS REGISTERED

Accuracy, connectivity, Pulse Wave Velocity, etc.



## SOFTWARE CAPABILITIES

Artificial intelligence, data interfaces

### DATA-SCIENCE EXPERTISE

Cross-data compilation

### BEST-IN-CLASS PRIVACY

GDPR compliant, data obfuscation

### MEDICAL ADVISORY BOARD

**HEALTHCARE DATA** 



JOHN HALAMKA, MD, PhD

A specialist in medical informatics and the adoption of electronic health records. Mr. Halamka is the president of Mayo Clinic Platform and is currently chairman of the New England Healthcare Exchange Network.



PHARMA



**CRAIG LIPSET** 

Head of Clinical Innovation at Pfizer until May 2019. Mr. Lipset has extensive experience in healthcare innovation and investment



**MEDICINE** 



STÉPHANE LAURENT, MD, PhD

Pharmacologist & cardiologist Pr. Laurent heads the pharmacology department at HEGP, as well as Team7 at Paris Cardiovascular Research Center, PARCC – INSERM U970



# Withings can help to solve two main challenges: installation and retention.

Cellular connectivity allows your users to install and sync their connected devices without any smartphone or Wi-Fi.

Devices work right out of the box.

# CELLULAR BLOOD PRESSURE MONITOR & BLE/WIFI BLOOD PRESSURE MONITOR



**BPM CONNECT PRO // BPM Connect** 

## THE SMART BLOOD PRESSURE MONITOR THAT WORKS ANYWHERE



BPM Connect Pro is a cellular smart blood pressure monitor with multi-connectivity options: Cellular, Wi-Fi and Bluetooth. Thanks to its cellular connectivity, the blood pressure monitor works right out of the box with no setup required.

BPM Connect is a smart blood pressure monitor with multi-connectivity options: Wi-Fi and Bluetooth.

Both the BPM Connect Pro and BPM Connect are **rechargeable** with a micro-USB cable.

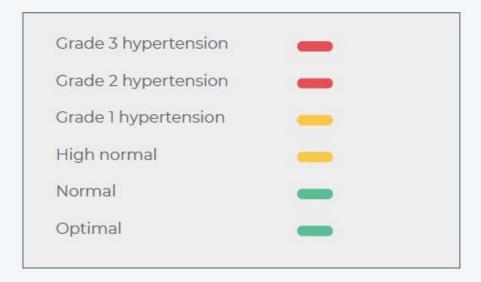


#### **BPM CONNECT PRO**

### **IMMEDIATE RESULTS**

The LED matrix screen enables **instant** color-coded feedback right on the blood pressure monitor.

The color-coded feedback is based on recommendations from the American Heart Association and is a motivational feature for hypertensive patients.





WITHINGS 10 | Confidential

#### WORKING WITH WITHINGS

## THE SIMPLEST WAY YOU COULD THINK OF



The users receives their devices in a packaging including a user guide



The users turn on their devices by removing the tab at the back of Body Pro and or pressing the front button of the BPM Connect Pro



Body Pro and BPM Connect Pro are ready to be used



### WE CARE ABOUT YOUR EXPERIENCE AS A PARTNER

### **API INTEGRATION**

Withings offers a well-documented API to easily integrate weight data into a partner's solution through HIPAA compliant processes.

### SDK INTEGRATION

Withings provides a software development kit (SDK) designed to easily connect our devices to a partner application and ensure frictionless data collection through HIPAA compliant processes.

## SEVERAL LOGISTICS OPTIONS

Let us handle the shipping and deliver the device directly to your users at home or in bulk to your warehouse.

### Withings EHR Interface

### Introduction

Withings range of clinically-validated, connected health devices are now compatible with most Electronic Health Record (EHR) solutions.







28+ Integrations with Allscripts

77+ Integrations with athenahealth

55+ Integrations with Cerner



22+ Integrations with eClinicalWorks



165+ Integrations with Epic



28+ Integrations with GE Centricity



41+ Integrations with Greenway



20+ Integrations with Meditech

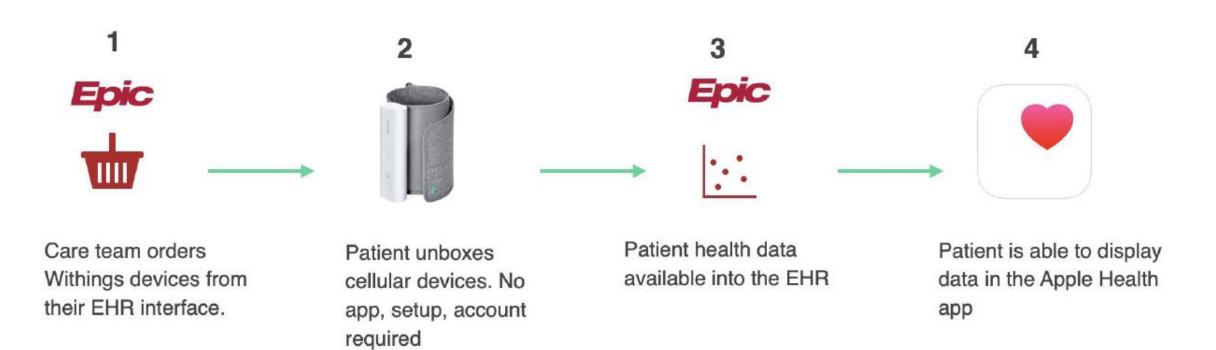


41+ Integrations with NextGen

Withings drop-ships to

patient.

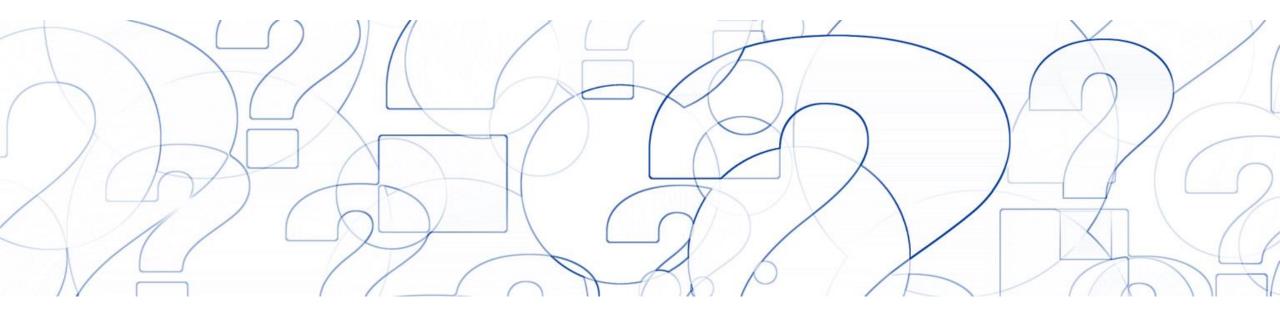
### Withings EHR interface feature reduces the workflow to 3 simple steps



## WITHINGS



## Q&A





### Resources



https://millionhearts.hhs.gov/tools
-protocols/smbp.html



https://www.healthcenterinfo.org/results/?Combined=hypertension



Membership in our group is open to all those interested in learning more about self-measured blood pressure monitoring (SMBP); sharing their SMBP ideas, efforts, and solutions; and connecting with others around SMBP. We invite you to join us!

Register for the SMBP Forum, an opportunity for clinical, public health, and community-based partners to exchange best and promising practices, identify solutions to common obstacles, and share resources to accelerate SMBP uptake.



# Note: HRSA American Rescue Plan Funding can be used by health centers to purchase home blood pressure monitors!

https://bphc.hrsa.gov/program-opportunities/americanrescue-plan/allowable-uses-funding

### Under Maintaining and Increasing Capacity:

**Telehealth:** Expand and enhance health center telehealth capacity to perform triage, deliver care, support care transitions, and support follow-up via telehealth, **including the use of home monitoring devices** and video to provide care to patients in their homes, community settings, and other locations. Support access to virtual care for patients with unstable or no housing or other barriers to accessing care.

**Training and Education:** Train personnel on digital platforms, devices, and workflows supporting the use of telehealth, and **provide** patient education that will increase digital literacy and competence using digital devices and applications that promote health.

**Develop and Deploy Digital Tools:** Develop and/or enhance software and digital applications to support patients' access to and engagement in virtual care, including patient self-management tools, **remote patient monitoring**, patient portals, digital applications, websites, and use of social media



# THANK YOU TO ALL COMMUNITY HEALTH CENTERS

#ThankYouCHCs

For additional information, please contact:

nachcmillionhearts@nachc.org



