Patient Checklist

Preparing for a Virtual Visit

Please provide each patient with the following instructions to prepare for their virtual visit:

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| ❶ | Keep a record of your appointment day/time. | 🞎 |
| ❷ | Please be available on your phone/computer 15 mins before/after your scheduled visit time. | 🞎 |
| ❸ | Have your insurance card available at the time of the visit. | 🞎 |
| ❹ | Gather all your medications and have them available at the time of the visit. | 🞎 |
| ❺ | Make a list of any questions you have about your health. | 🞎 |
| ❻ | Gather information on any other health care providers you have visited in the last month and the reasons why you visited them. This includes any visits to urgent care or the hospital. | 🞎 |
| ❼ | Plan to be a quiet room, ideally with a door that can be closed for privacy. | 🞎 |
| ❽ | If you have a scale, weigh yourself on the day of the visit. | 🞎 |
| ❾ | If you haven’t already registered for our patient portal, and can do this before the visit, it will provide a great way for you to communicate with your provider and care team and receive a copy of your care plan. | 🞎 |